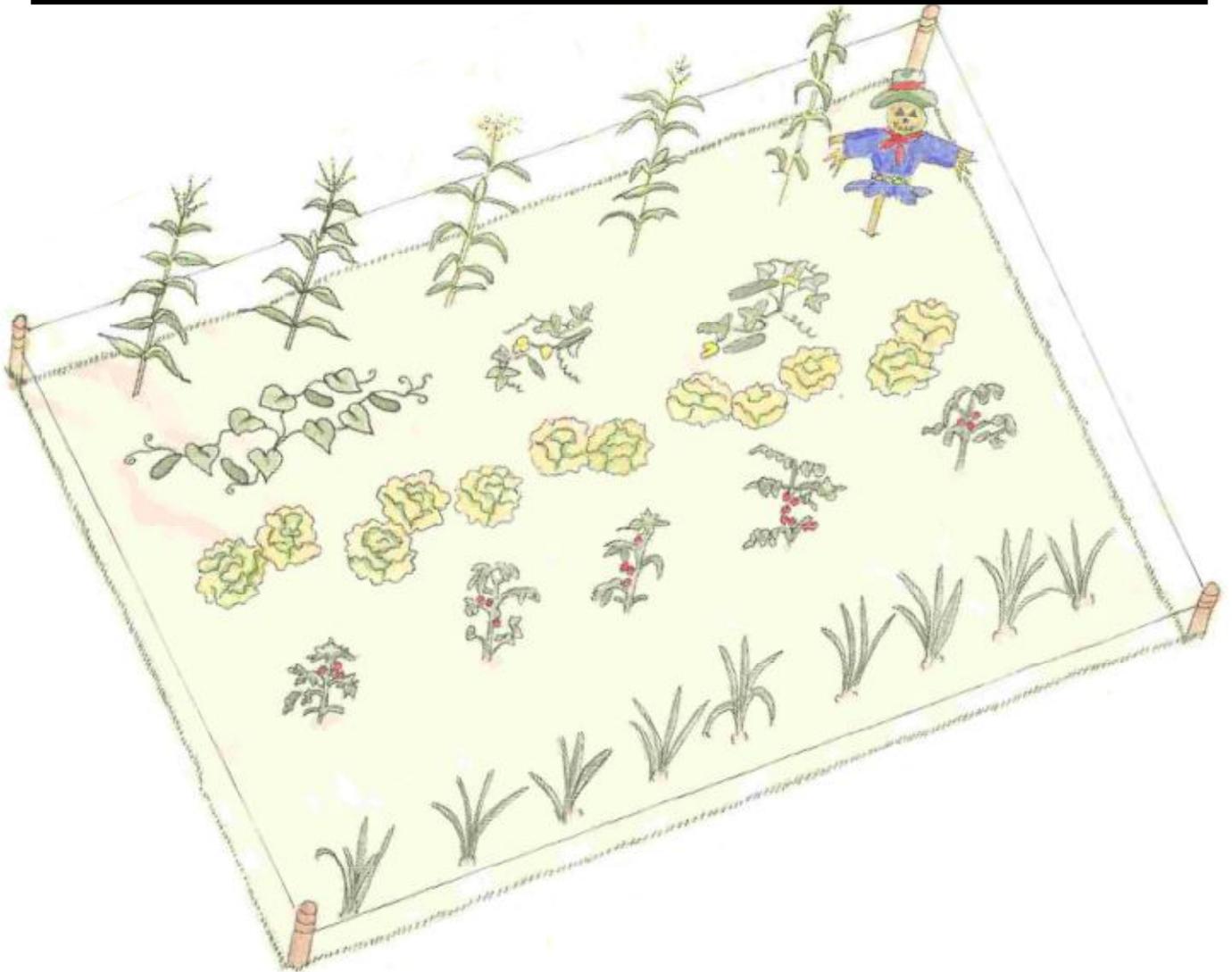


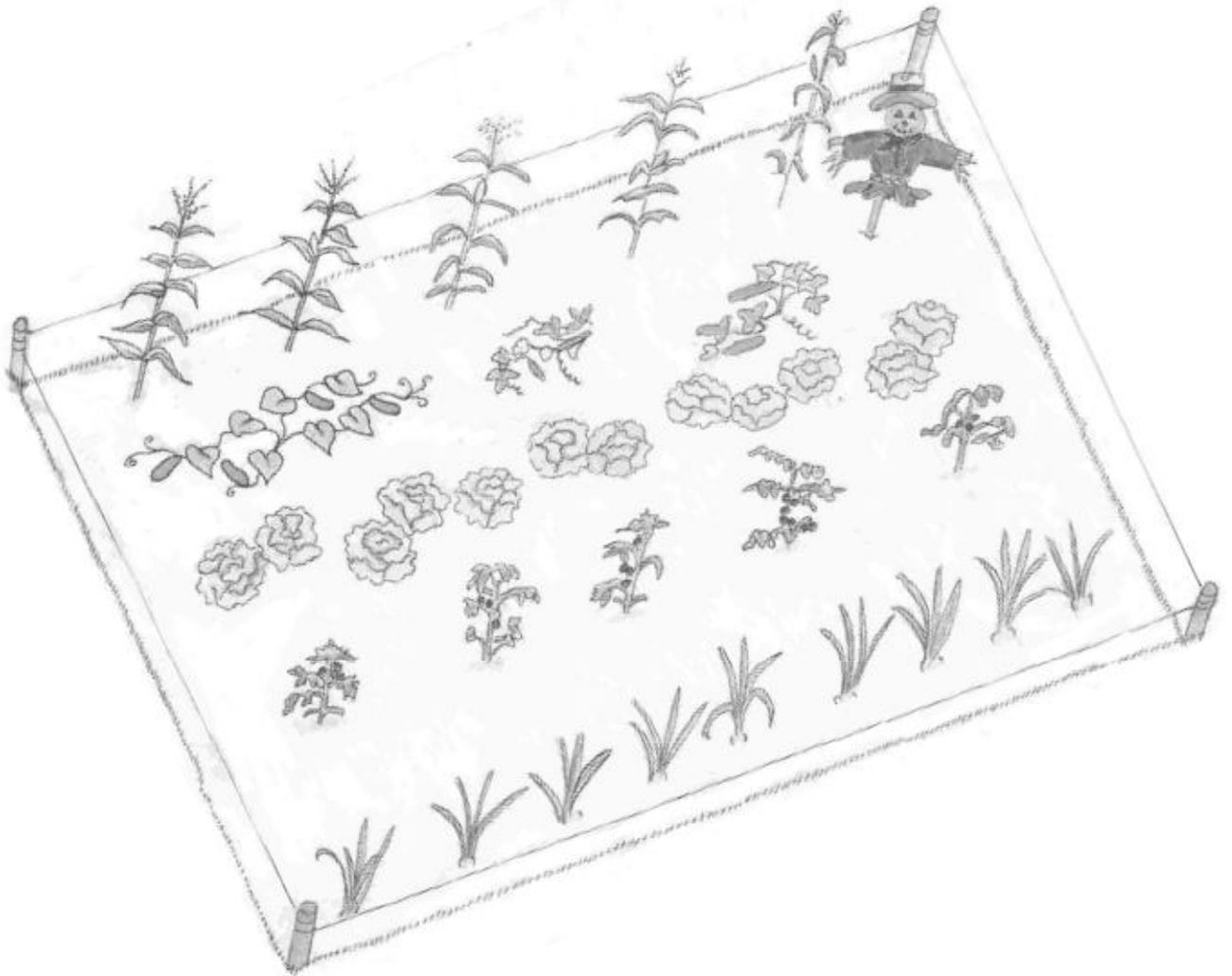
My Garden Book of Vegetables



Coloring & Activity Book

My Garden Book of Vegetables

Coloring & Activity Book



This book belongs to

Did you know?

The vegetables we eat come from different parts of the plant.

Some vegetables are the **leaf** of the plant. Lettuce, spinach, and cabbage are **leaves** of the plant.

Some vegetables are the **stem** of the plant. Celery and asparagus are **stems** of the plant.

Some vegetables are the **root** of the plant. A carrot and radish are **roots** of the plant.

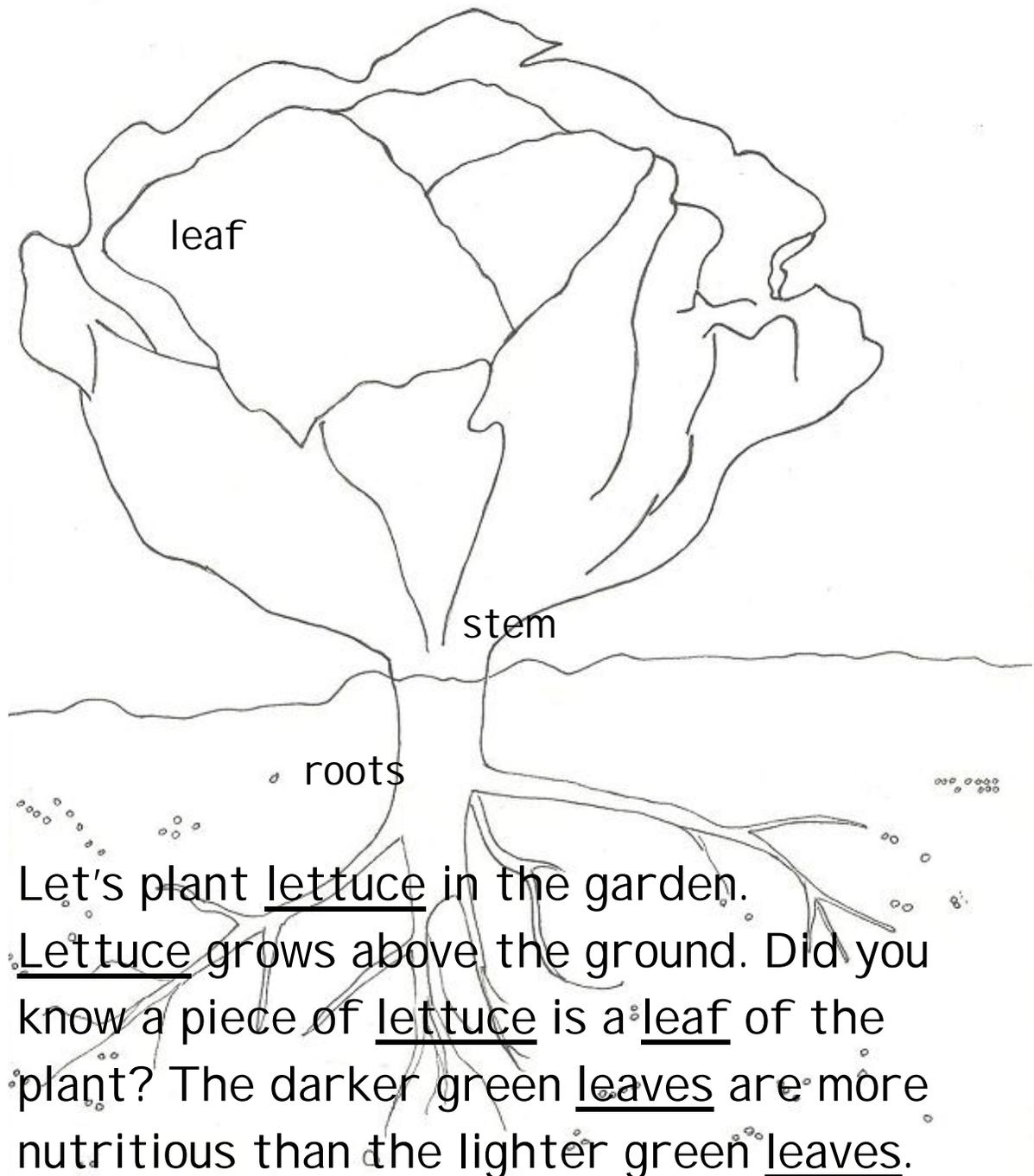
Some vegetables are the **seed** of a plant. Corn, peas, and beans are **seeds** of the plant.

Some vegetables are the **fruit** of the plant. A tomato, pumpkin, and squash are **fruits** of the plant.

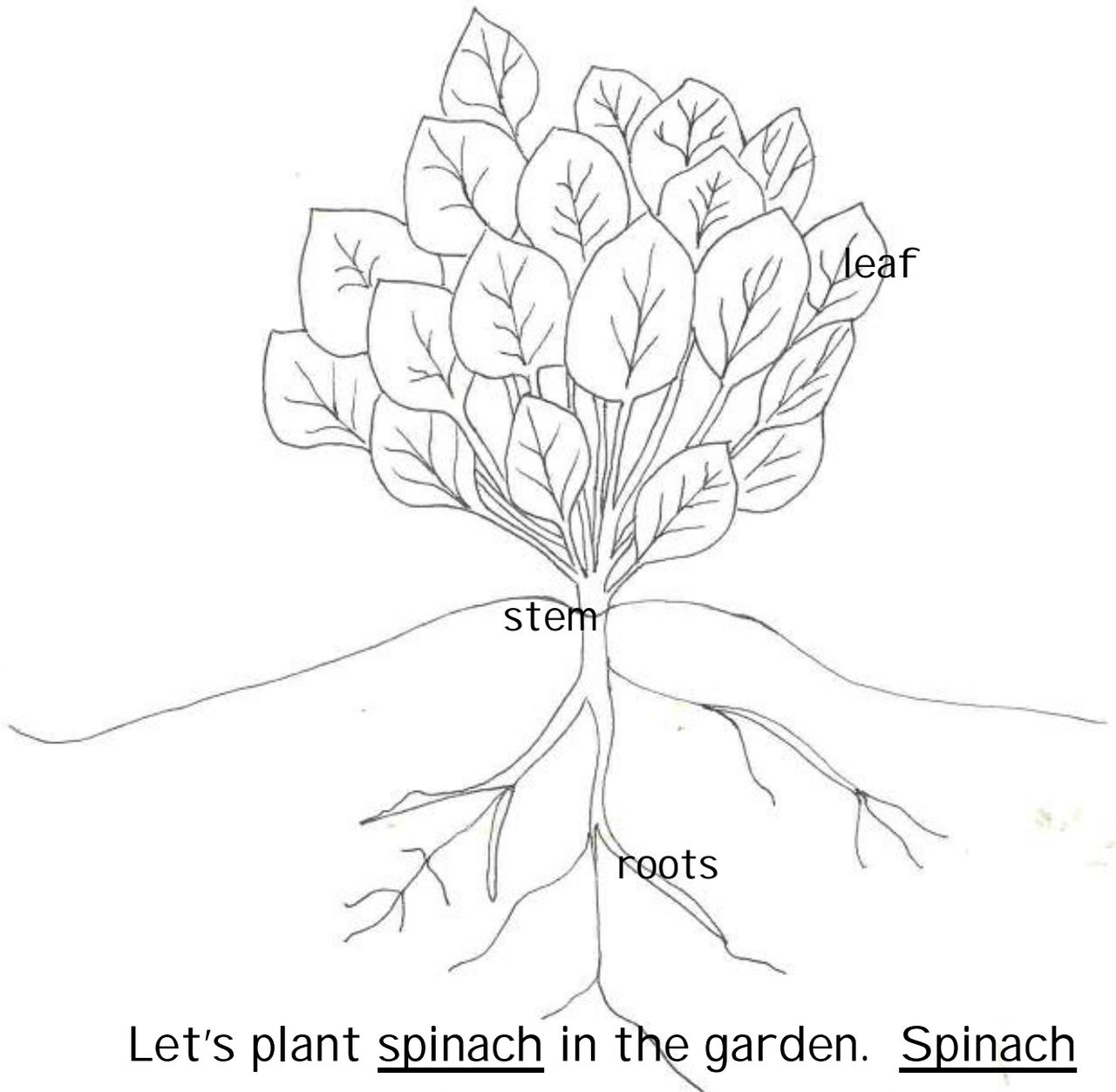
Some vegetables are the **flower** of the plant. Broccoli, cauliflower, and artichoke are **flowers**

of the plant.

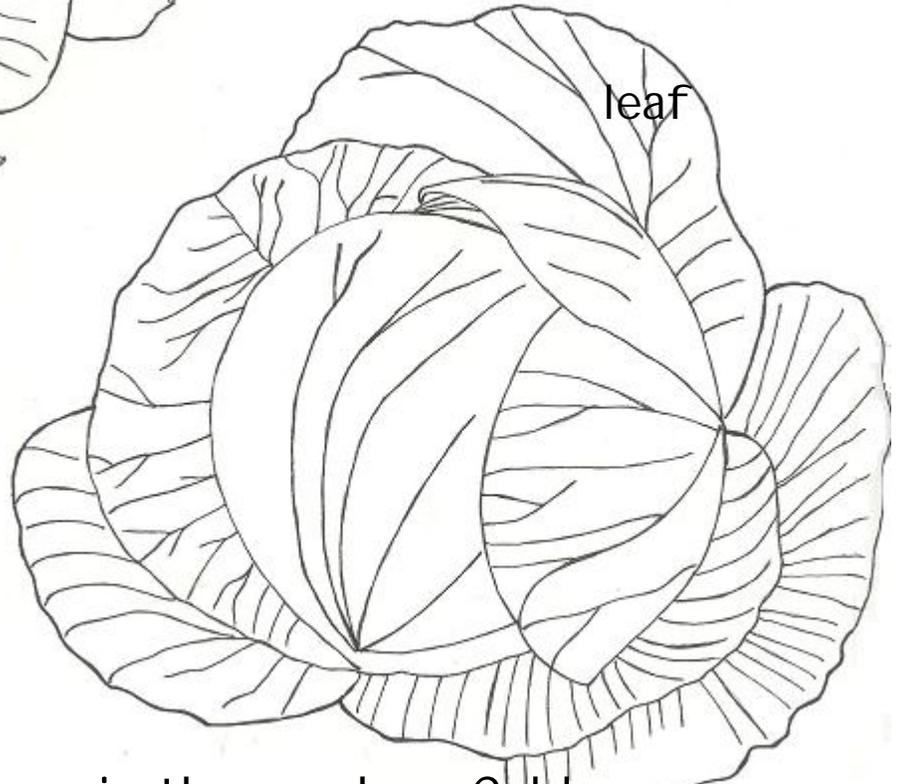
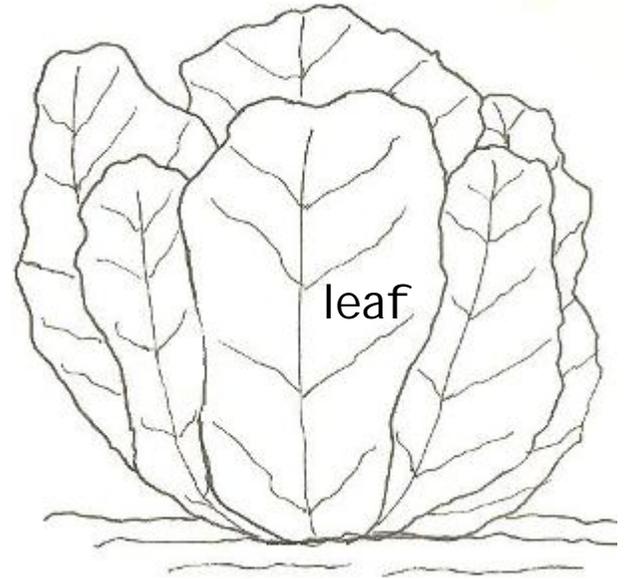
What shall we plant in our vegetable garden?



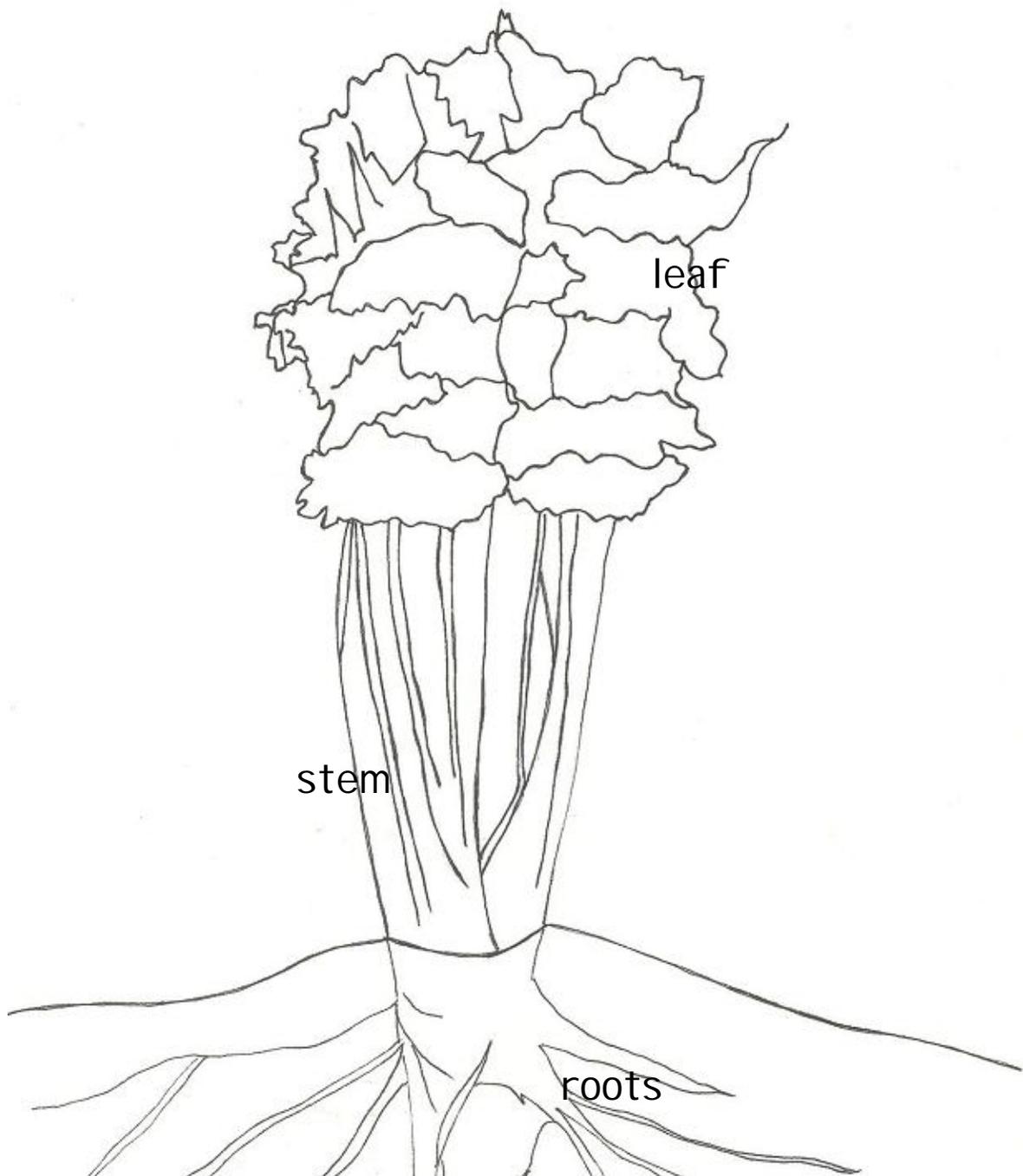
Let's plant lettuce in the garden.
Lettuce grows above the ground. Did you know a piece of lettuce is a leaf of the plant? The darker green leaves are more nutritious than the lighter green leaves.



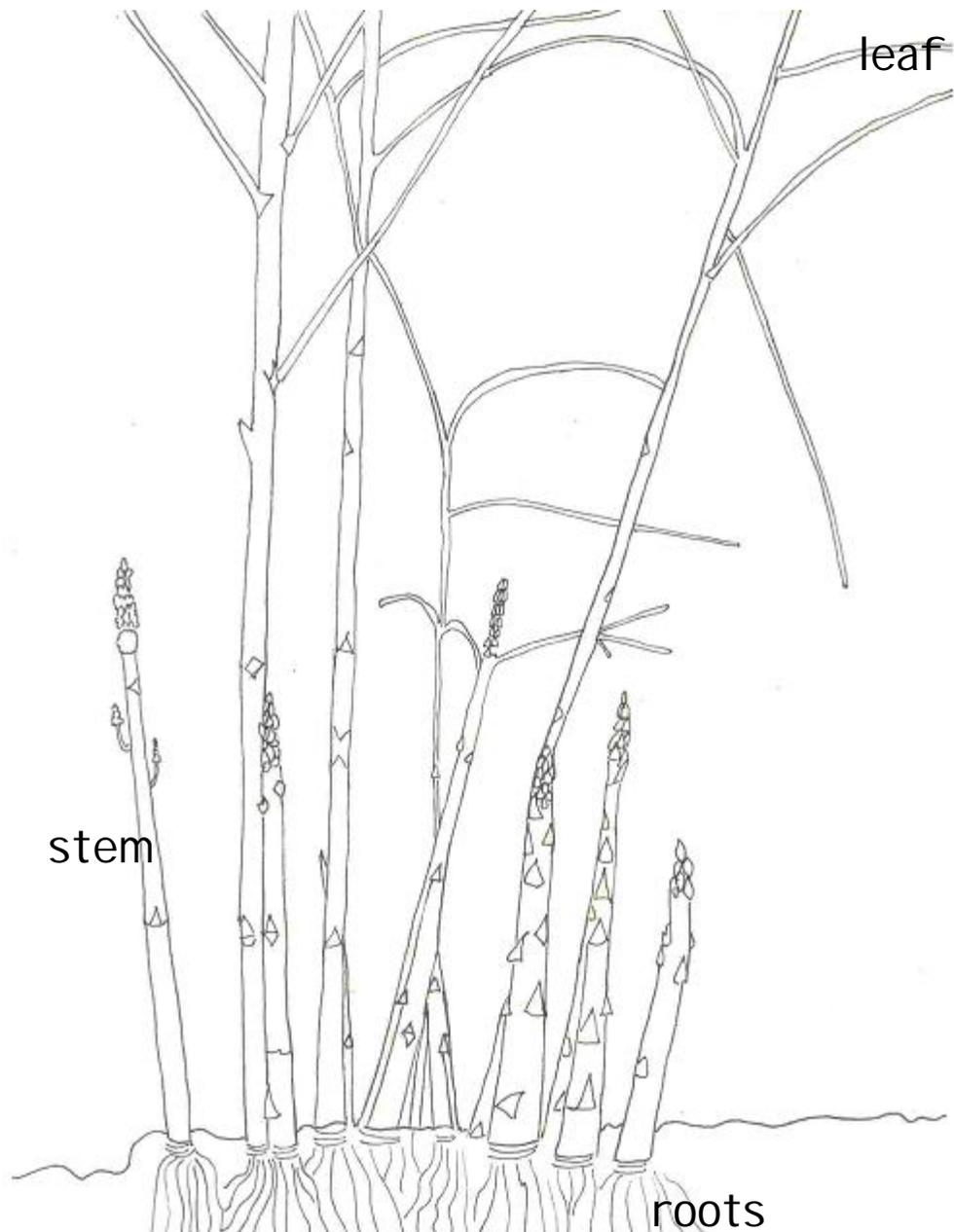
Let's plant spinach in the garden. Spinach grows above the ground. Did you know spinach is a leaf of the plant? Spinach was the first frozen vegetable to be sold?



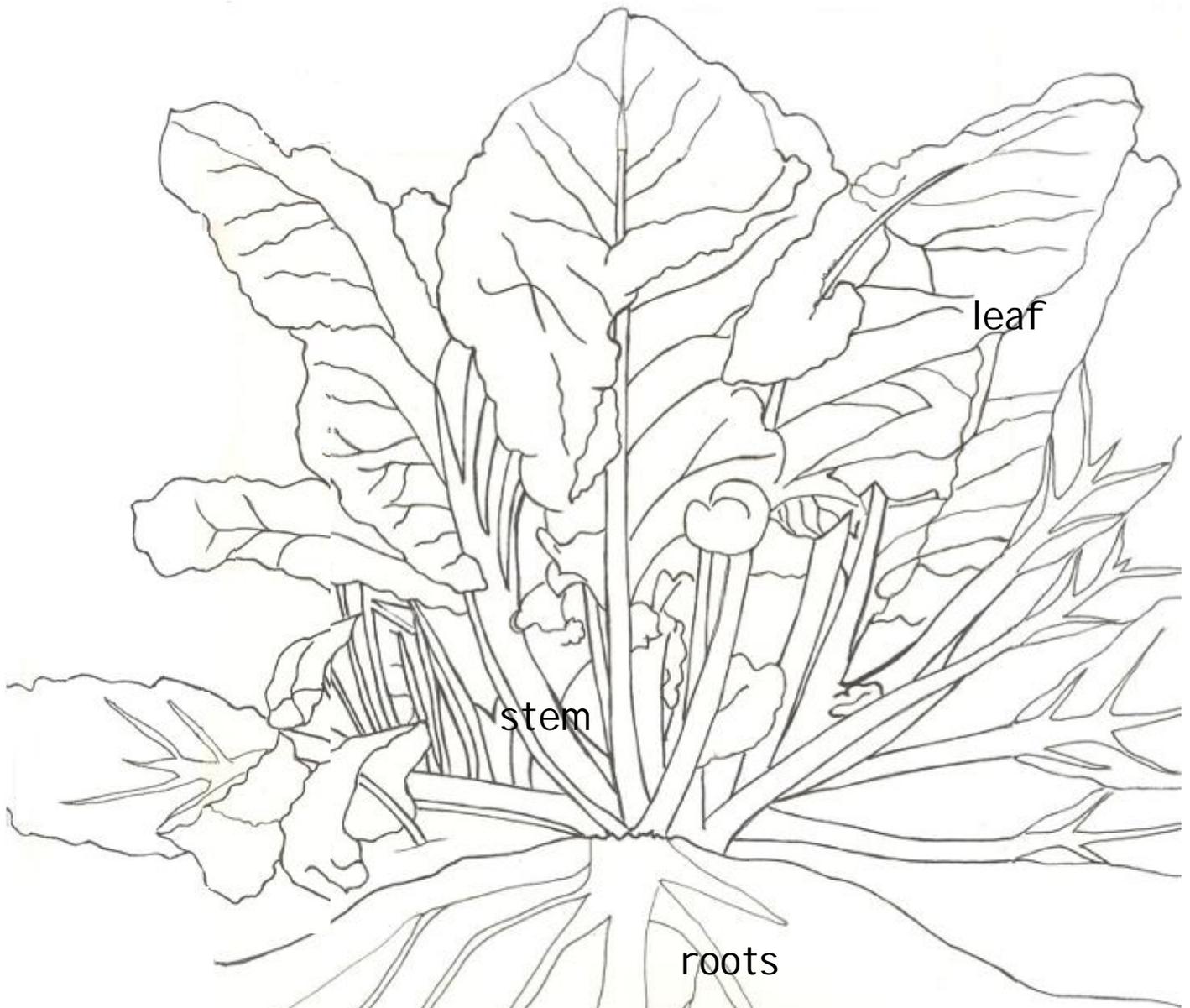
Let's plant cabbage in the garden. Cabbage grows above the ground. Did you know a piece of cabbage is the leaf of the plant? There are purple and green varieties of cabbage.



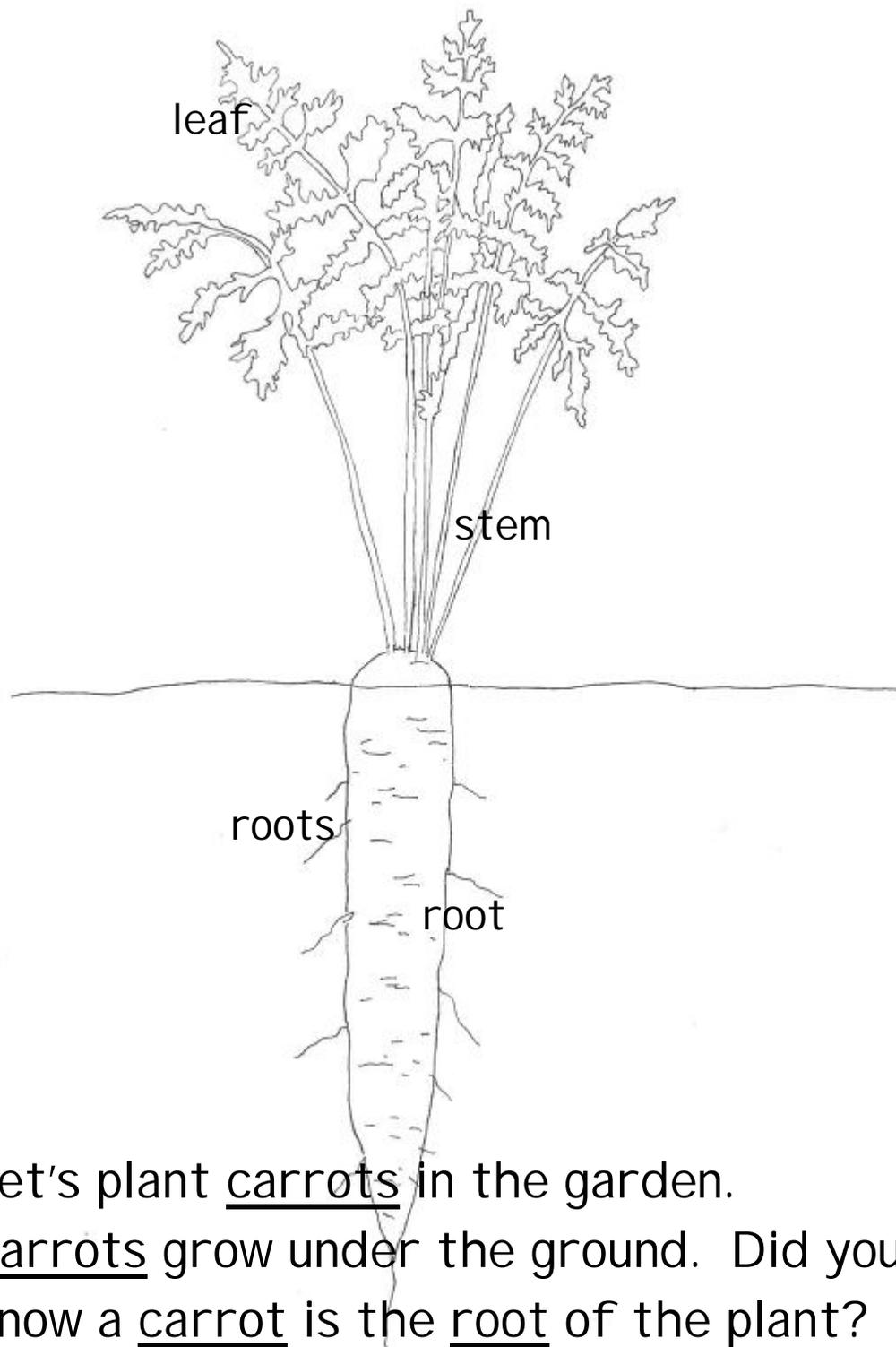
Let's plant celery in the garden. Celery grows above the ground. Did you know celery is the stem of the plant? A bunch of celery is called a stalk, one stem of celery is called a rib.



Let's plant asparagus in the garden.
Asparagus grows above the ground. Did
you know asparagus is a stem of the plant?
An asparagus spear can grow 10 inches in
24 hours.



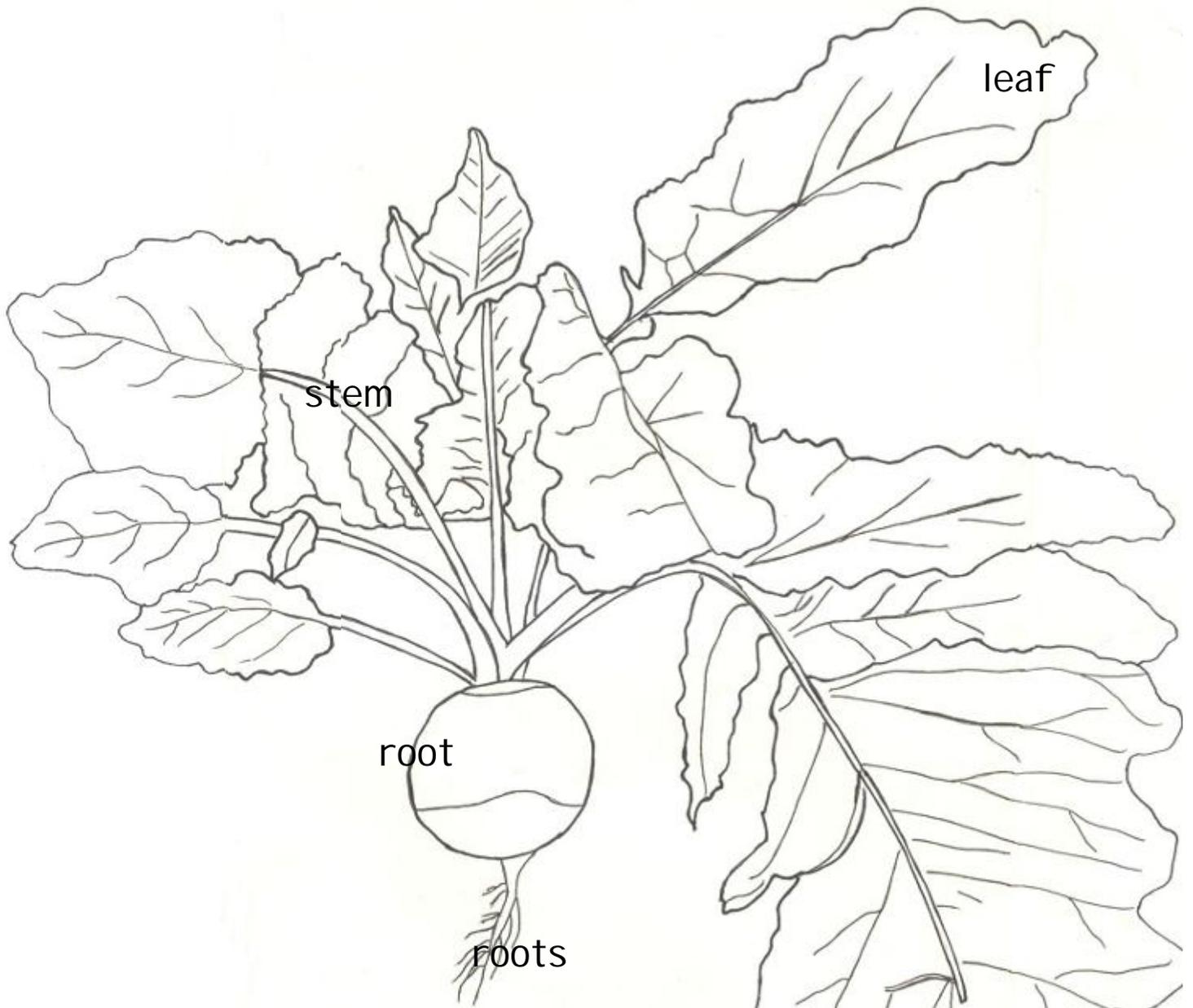
Let's plant swiss chard in the garden.
Swiss chard grows above the ground. Did you know you can eat the stems and leaves of this plant? Swiss chard varieties can have stalks that are white, red, or yellow.



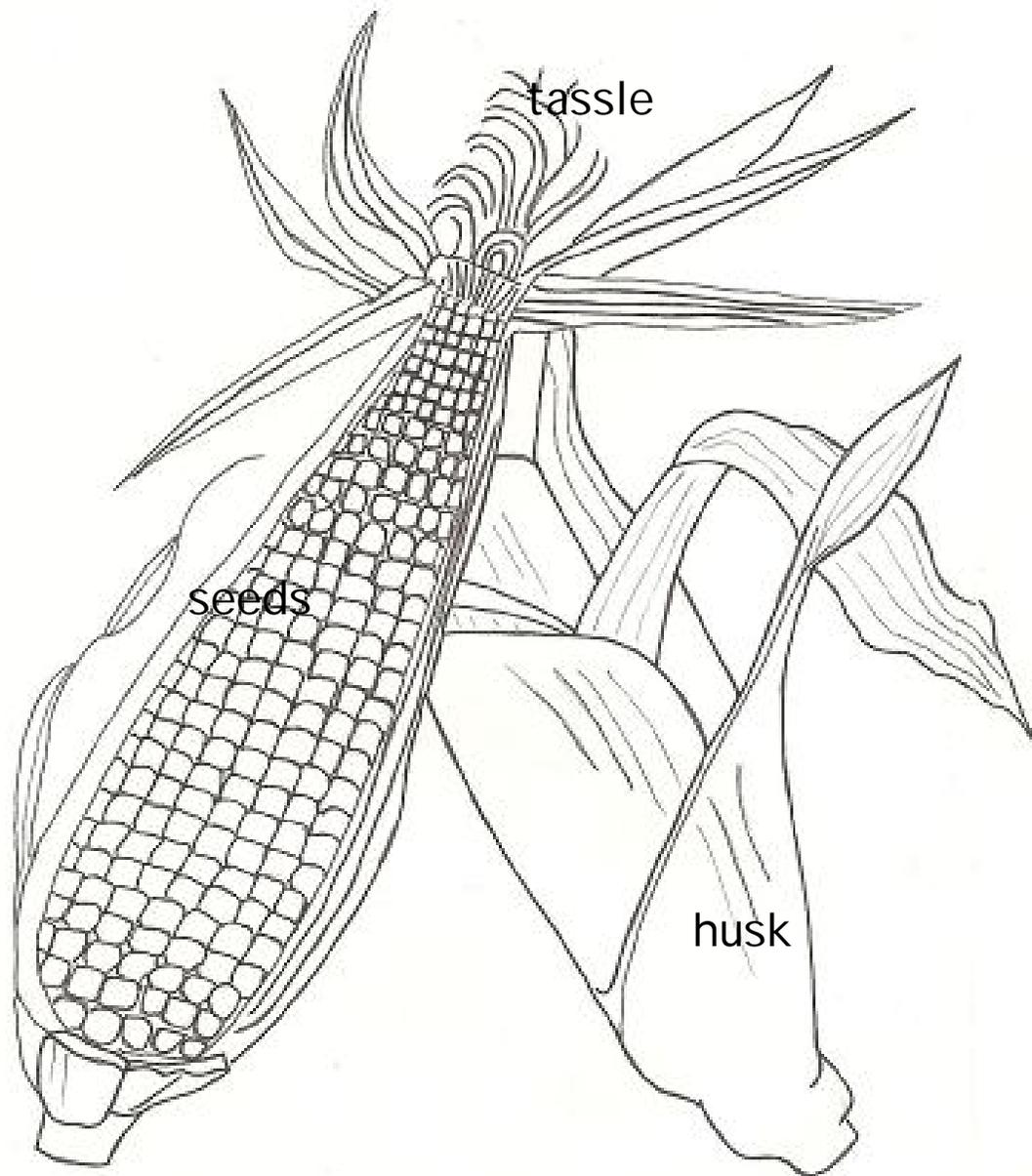
Let's plant carrots in the garden.

Carrots grow under the ground. Did you know a carrot is the root of the plant?

The record for the longest carrot is 16 feet 10.5 inches.



Let's plant radishes in the garden.
Radishes grow below the ground. Did you
know radishes are the root of the plant?
Some varieties of radishes can weigh up
to 100 pounds.

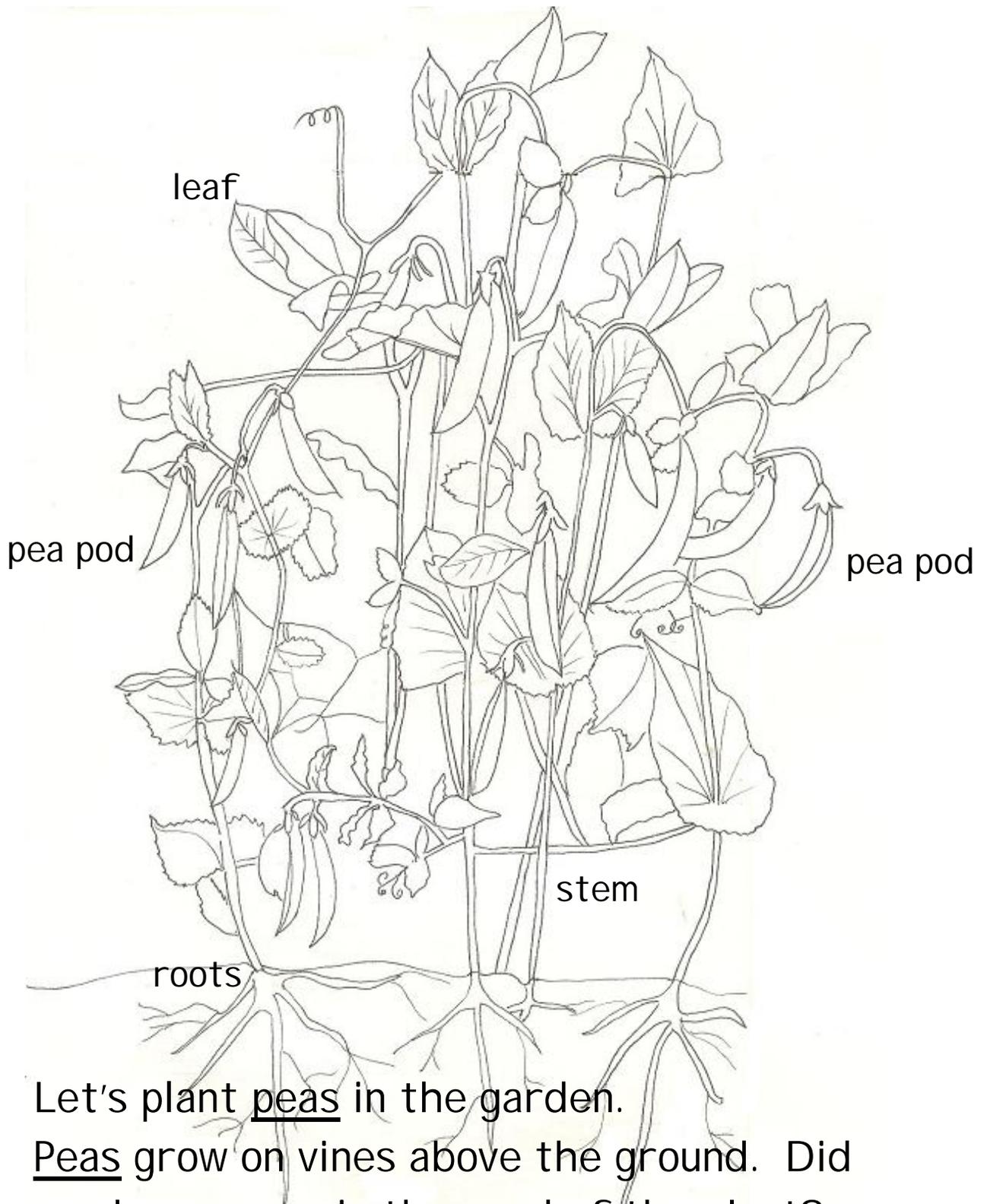


Let's plant corn in the garden.

Corn grows on corn stalks above the ground.

Did you know corn is the seed of the plant?

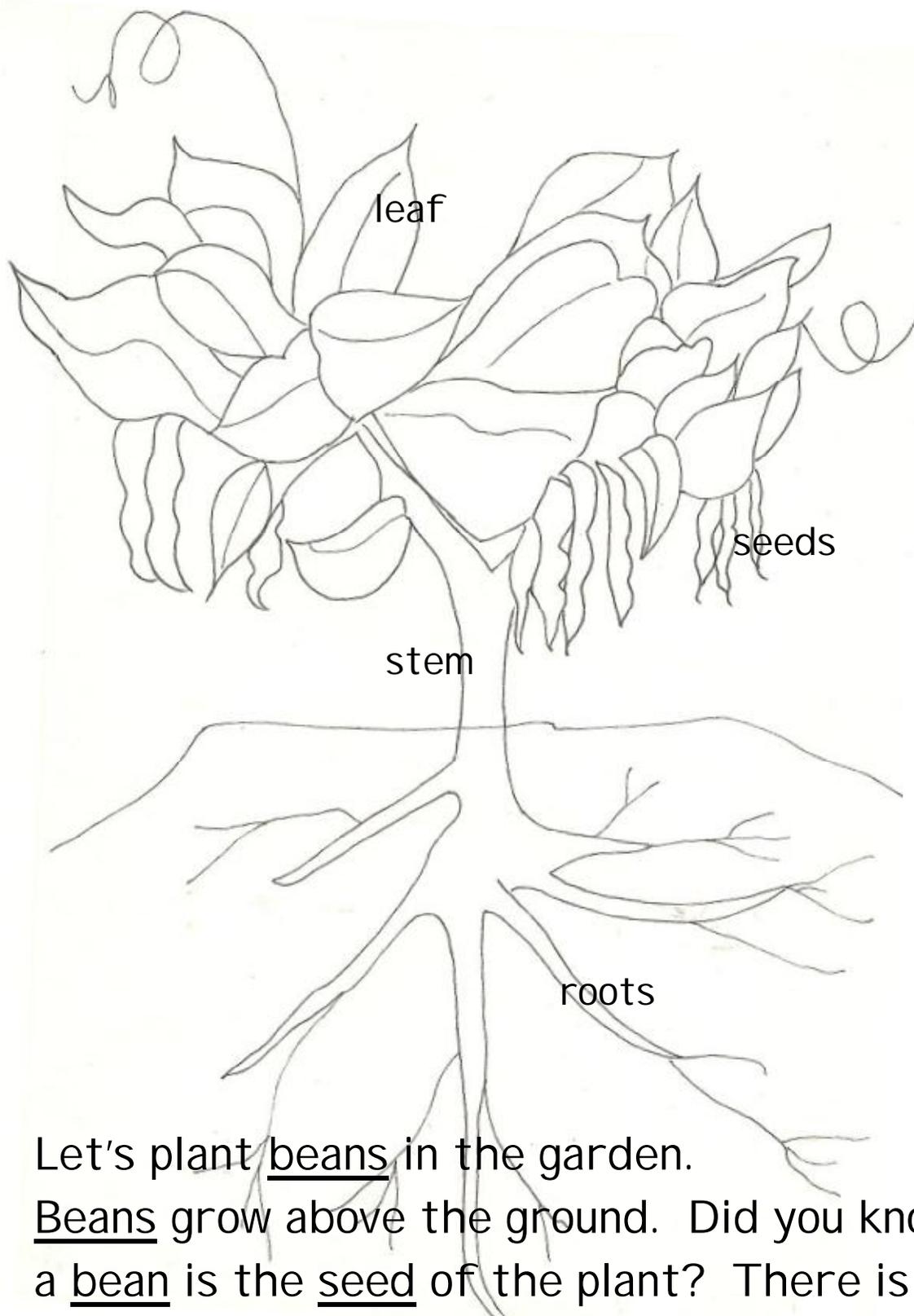
The average ear of corn has 800 kernels in 16 rows.



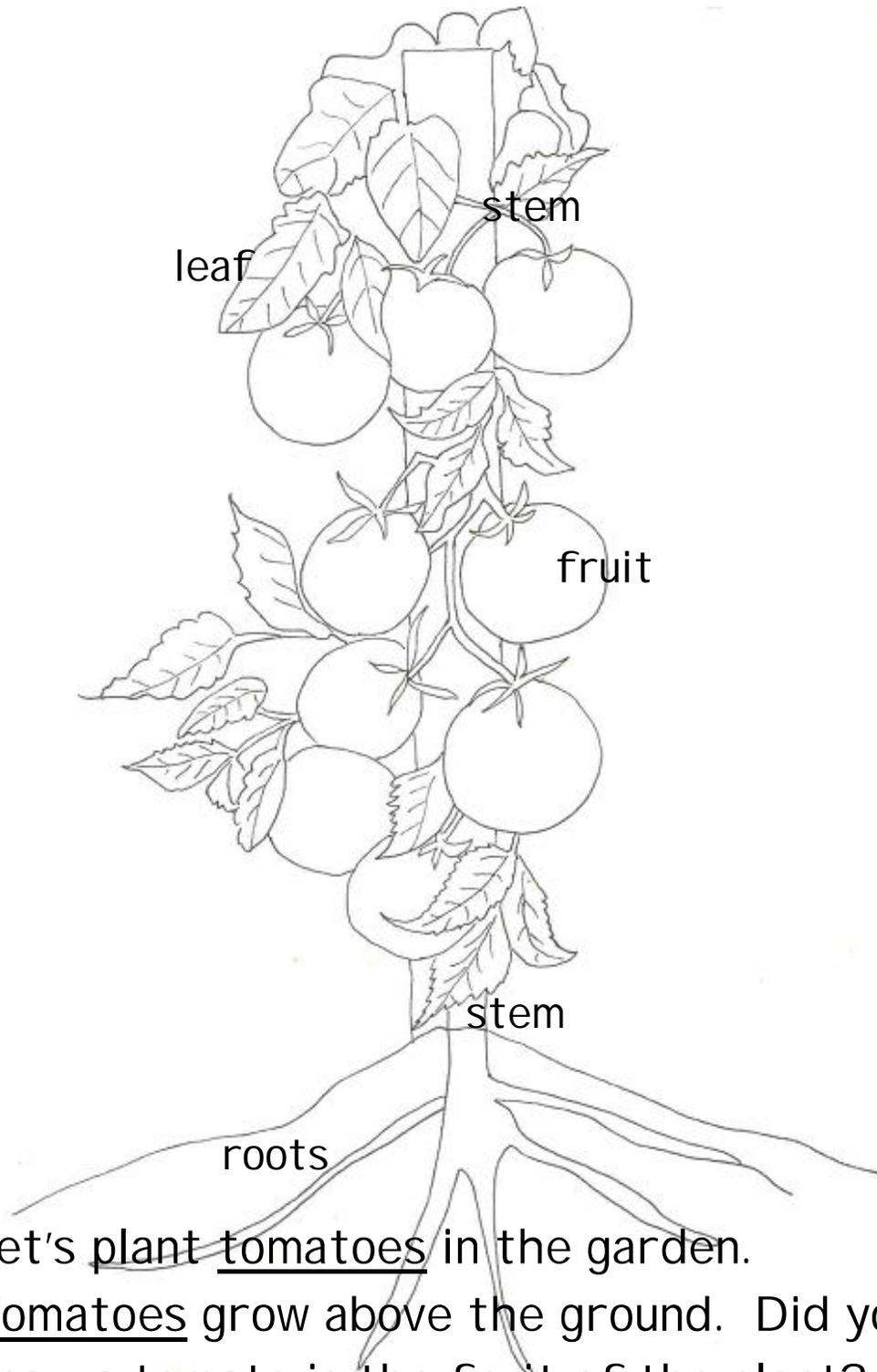
Let's plant peas in the garden.

Peas grow on vines above the ground. Did you know a pea is the seed of the plant?

There are an average of 5 to 7 peas per pod and an average of 4 to 5 pods per vine.



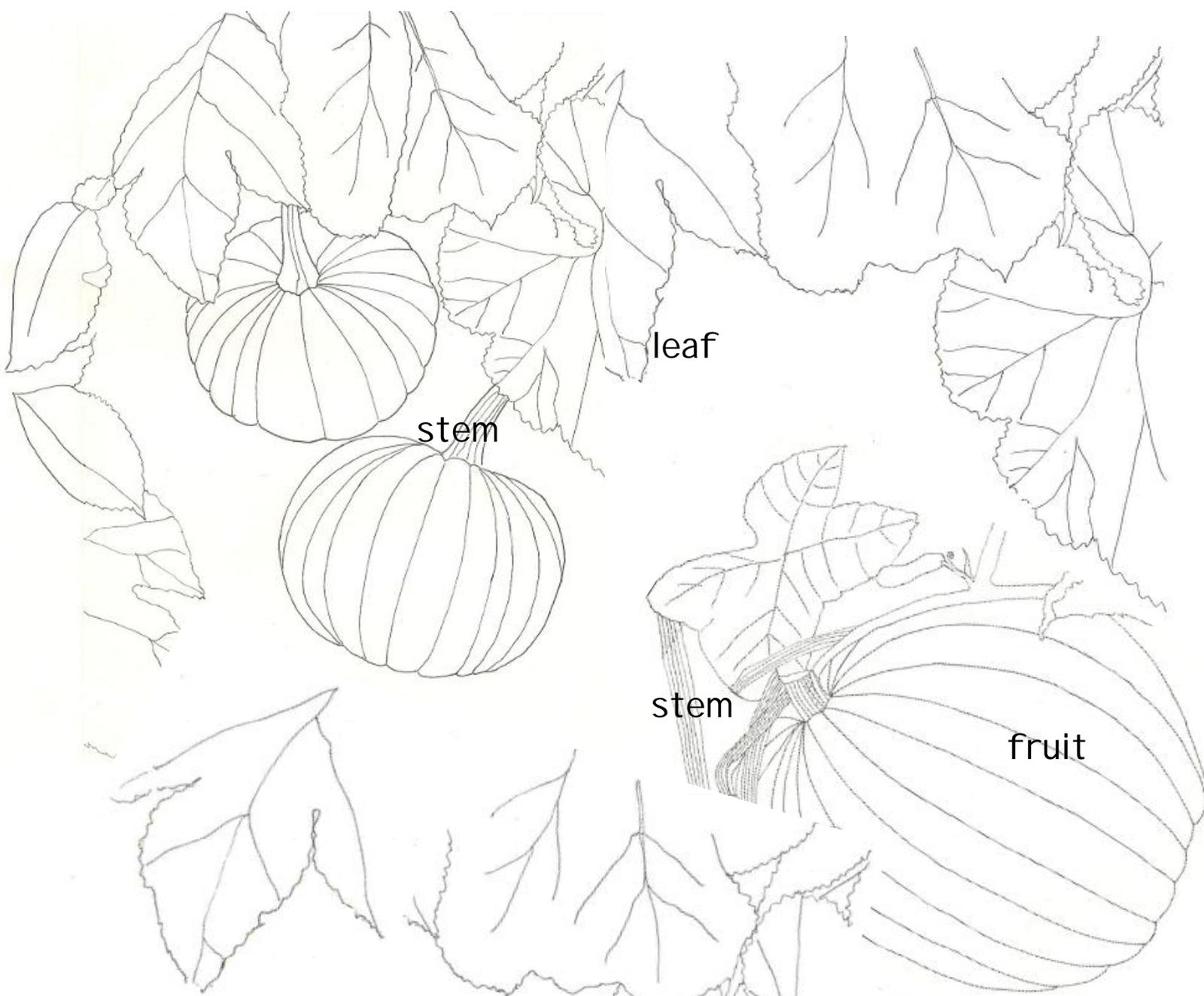
Let's plant beans in the garden.
Beans grow above the ground. Did you know
a bean is the seed of the plant? There is
an average of 15 to 20 beans on each plant.



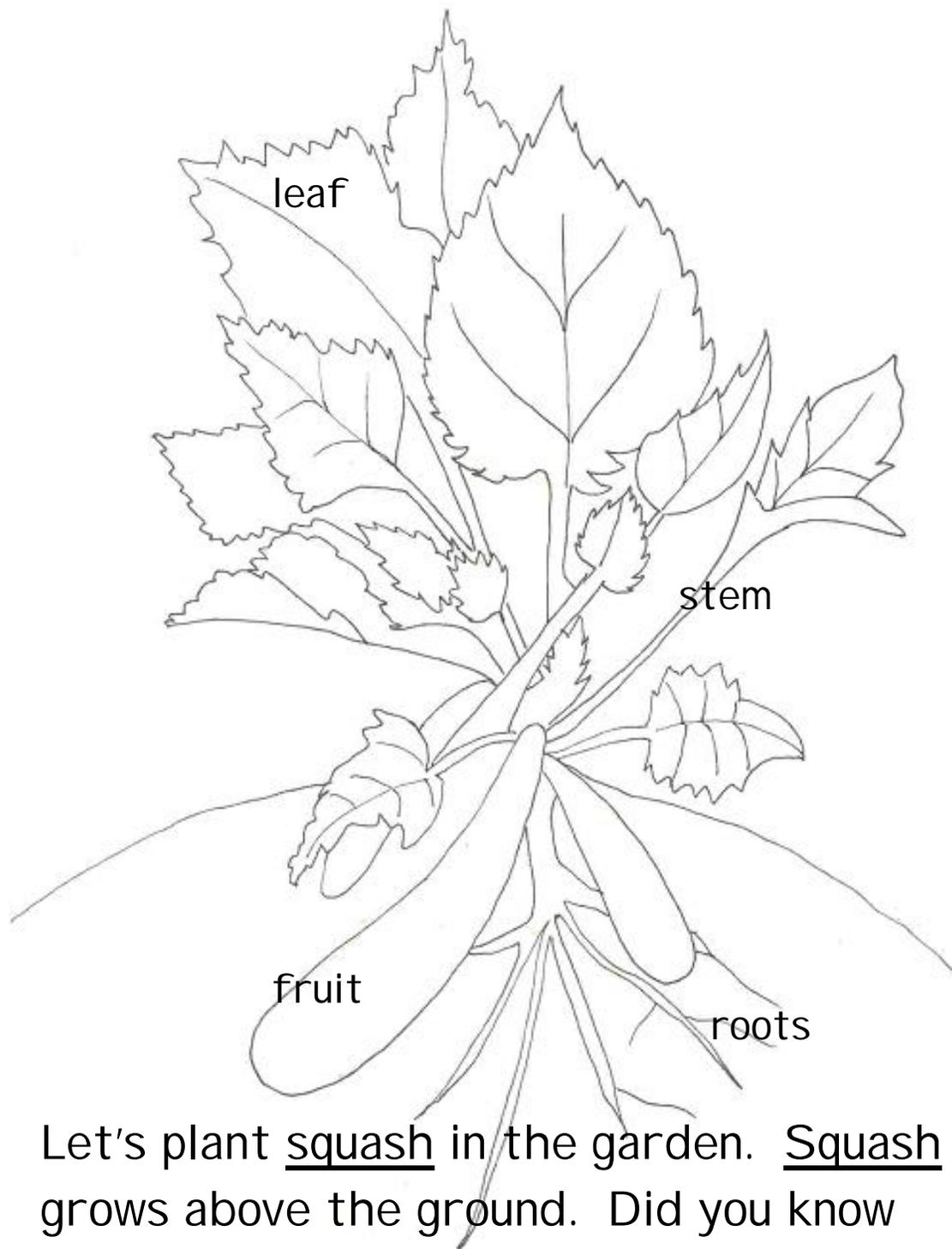
Let's plant tomatoes in the garden.

Tomatoes grow above the ground. Did you know a tomato is the fruit of the plant?

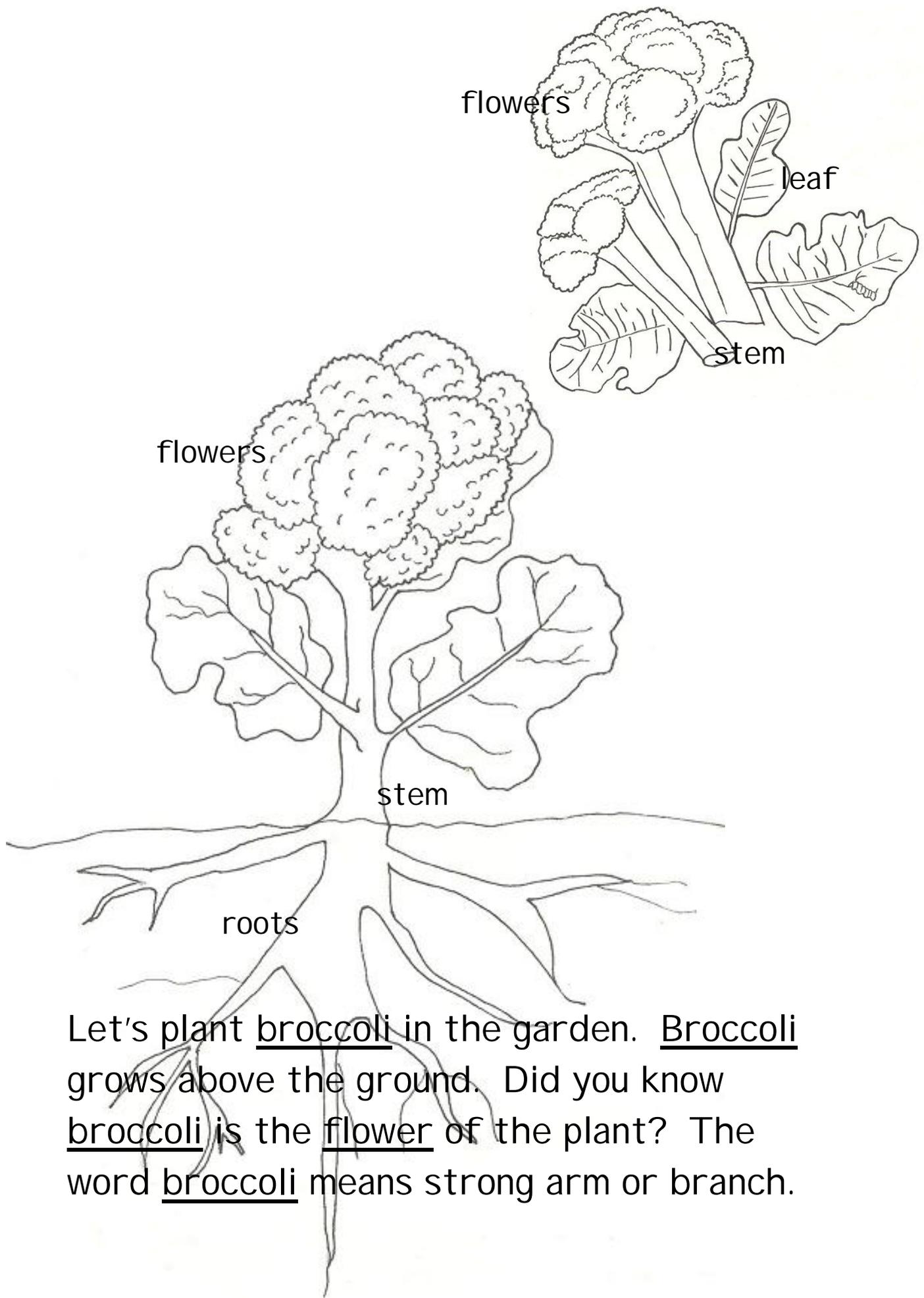
The U. S. Supreme Court ruled in 1893 that the tomato be called a vegetable.



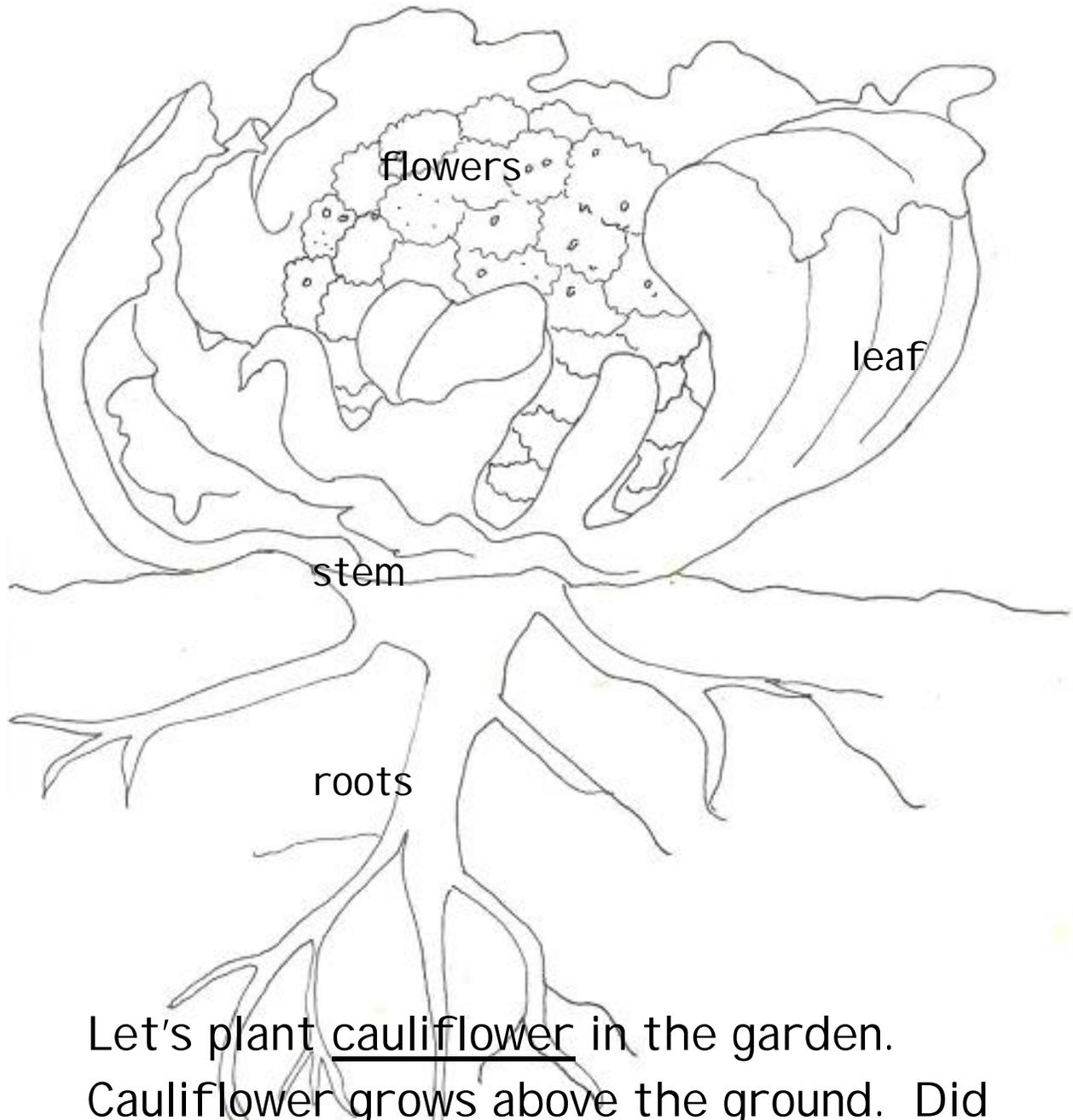
Let's plant pumpkins in the garden.
Pumpkins grow on vines above the ground.
Did you know a pumpkin is the fruit of the
plant? Pumpkin seeds can be roasted for a
nutritious snack.



Let's plant squash in the garden. Squash grows above the ground. Did you know squash is the fruit of the plant? Presidents George Washington and Thomas Jefferson grew squash in their vegetable gardens.



Let's plant broccoli in the garden. Broccoli grows above the ground. Did you know broccoli is the flower of the plant? The word broccoli means strong arm or branch.



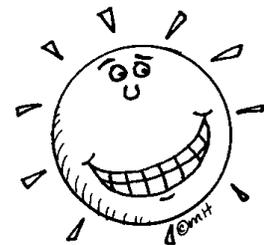
Let's plant cauliflower in the garden.
Cauliflower grows above the ground. Did you know cauliflower is the flower of the plant? There are yellow, purple, green and orange varieties of cauliflower.

Name three things a plant needs to grow.

1. _____



2. _____

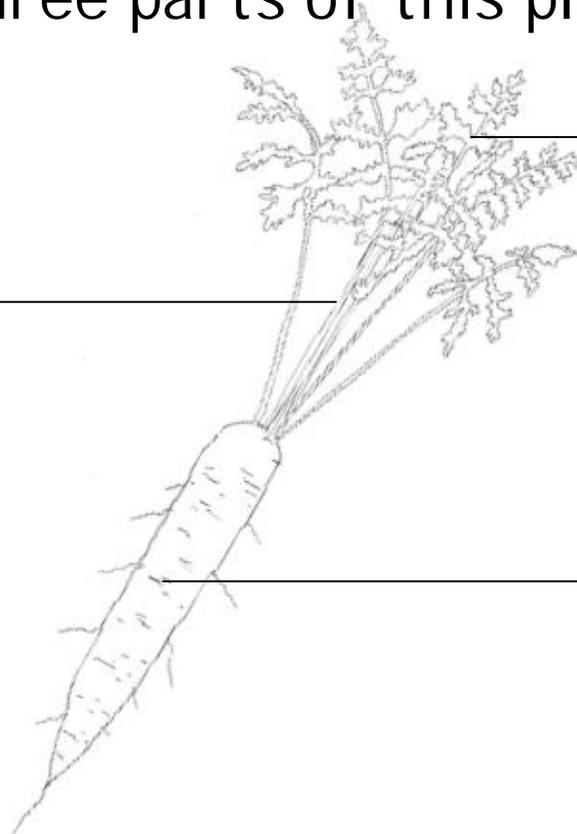


3. _____



Name three parts of this plant.

2. _____



1. _____

3. _____

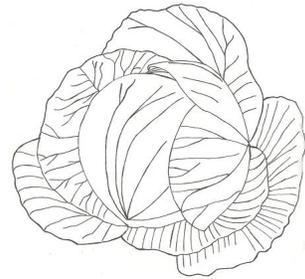
Name three vegetables that are the leaf of the plant.

1. l e _ _ _ c e



2. s p _ _ _ c h

3. c _ _ _ a g e



Name two vegetables that are the stem of the plant.

1. c _ l _ r y



2. a s _ a r _ g u s



Name two vegetables that are the root of the plant.

1. c a _ _ o t

2. r _ d _ s h

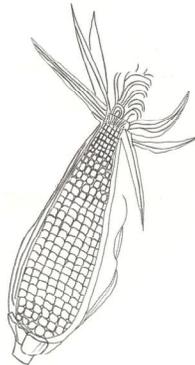


Name three vegetables that are seeds of the plant?

1. c _ _ n

2. p _ _ s

3. b _ _ _ s



Name three vegetables that are the fruit of the plant?

1. t _ m _ _ o



2. p _ m p k _ _



3. s q _ _ s h

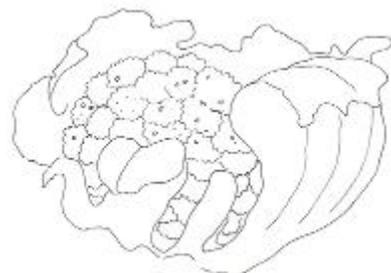


Name two vegetables that are the flower of the plant.

1. b r o _ _ _ l i

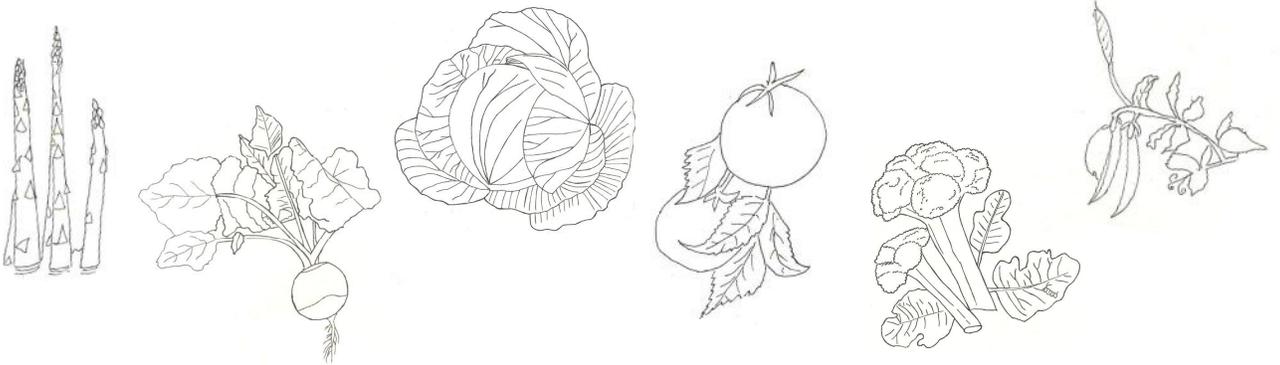


2. c a u _ _ f l o w _ r



Draw a line from the food to the part of the plant we eat.

Leaf Stem Root Seed Fruit Flower



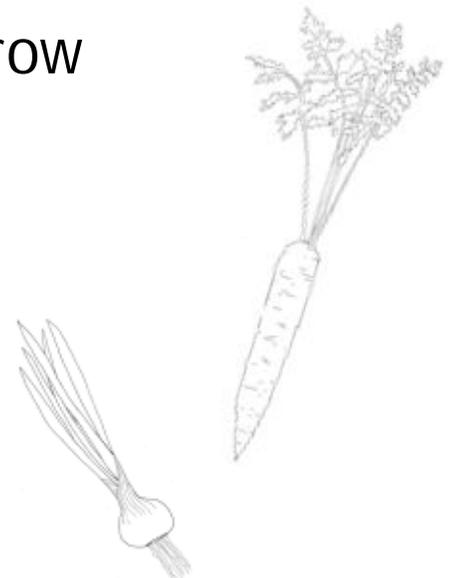
Name two vegetables that grow above the ground?

1. _____
2. _____



Name two vegetables that grow below the ground?

1. _____
2. _____



My Garden Book of Vegetables

Answer Page

Name three things a plant needs to grow.

1. Soil
2. Sun
3. Water

Name three parts of this plant.

1. Leaf
2. Stem
3. Root

Name three vegetables that are the leaf of the plant.

1. Lettuce
2. Spinach
3. Cabbage

Name three vegetables that are the stem of the plant.

1. Celery
2. Asparagus

Name two vegetables that are the root of the plant.

1. Carrot
2. Radish

Name three vegetables that are the seed of the plant.

1. Corn
2. Peas
3. Beans

Name three vegetables that are the fruit of the plant.

1. Tomato
2. Pumpkin
3. Squash

Name two vegetables that are the flower of the plant.

1. Broccoli
2. Cauliflower

Name two vegetables that grow above the ground?

1. Corn
2. Pumpkin

Name two vegetables that grow below the ground?

1. Onion
2. Carrot

Additional Sources for Information about Vegetable Gardening

ü Texas A & M – Aggie Horticulture

- AgriLife Extension – Home Gardening-Vegetables, Fruits, Nuts and Variety Selection

- AgriLife Extension – Pest Management and Control

ü AgriLife Extension – Tarrant County Master Gardeners

ü AgriLife Extension – Steve Chaney, Tarrant County Extension Agent

References

<http://aggie-horticulture.tamu.edu>

<http://www.thefresh1.com>

<http://www.producepedia.com>

<http://www.lakesidefoods.com>

<http://www.factmonster.com>

<http://www.vvsd.org>



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of the
Union Gospel Mission

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The My Garden Book coloring and activity series:
My Garden Book of Flowers

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