Sharecropper

**Tarrant County Master Gardener Association** 

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If you have an idea or would like to contribute to the newsletter, please contact Jackie Heidinger rheidinger@tx.rr.com.







## "Ask the Physical Trainer"

Response was written by Sue McCauley, Sports & Fitness Center Coordinator.

Hey Trainer,

There was an article in the newsletter a long time ago that gave tips on how to get ready for all the really heavy house and yard work coming up for fall. At the time I had an apartment so I didn't really care but now I have a house with trees and gutters and other things that I'm sure need taken care of. Can you run it again or give me some more tips?

Signed, Home Owner = Chores

### Dear Chores,

While I love my home with its yard, trees, and oh-sopaintable walls, it does come with a price – maintenance. The three most prominent body parts that get assaulted by fall chores are the back, shoulders and hamstrings. This is usually from doing work with saws, loppers, brooms and paint brushes over our heads and then bending over to clean up the mess we made with the above mentioned tools. So let's talk about some basics that can be done to strengthen the working muscles. This discussion will be done with the assumption that you haven't had any previous injuries to your back, shoulders or hamstrings.

<u>*Your back*</u> – the best way to strengthen your back is to strengthen your core.

• Seated rows with tubing are great. Sit on the floor with your knees slightly bent and about shoulder width apart. Place tubing around your mid-foot and then place your toes up against the wall (this keeps the tubing from rolling up over





your toes). Sitting up tall and straight with your abs engaged, slowly pull the tubing back with palms facing each other. Be sure to get your elbows past your trunk. Pause with your contraction for a moment then slowly release back to your starting position without dropping your posture or releasing your abs. Start with a set of 12 of these then work up to 2 or 3 sets. (Only do these about 3 times a week and skip a day between).

- Pointer Dogs get on your hands and knees and lift your right arm up extending it forward and in line with your ear. At the same time, lift your left leg, keeping it long and straight and pointing back. Hold up for three seconds then lower. Do five times then switch to the left arm and right leg. You can do these every day.
- Abdominal Curls basic crunches lie on your back with hands behind your head and elbows falling naturally open. Curl up, exhaling as you *lift, and try lift the upper part of your shoulders* off the ground then come back down. Avoid bringing your elbows together and grinding your chin into your chest. Crossover curls are pretty much the same thing but as you come up slightly angle toward your right knee, come down then come up and angle toward your left knee. Start with a set of 12 of each curl and work up to 2 or 3 sets. You can do these every day.

*Your shoulders* – prepare your shoulders by moving in the directions your work will take you.

This one is easy and it feels good. Take a few extra minutes in the shower and do what I like to call Wall Crawls. Stand sideways to the wall and let the water hit your shoulders. "Walk" your fingers straight up the wall and down, then "walk" a little forward and down then "walk" a little behind and down. Do the same thing and face the wall tracing lines straight up and down, slightly to your right and down then slightly to your left and down. Do your wall crawls a couple times each direction. These can be done every day.

**Hamstrings** – hamstring pain associated with yard work isn't typically due to weak hamstrings, it's usually due to poor biomechanics. Protect the ham-



strings! If you know you're going to be picking up a lot of clippings (and you do – that's why you've been putting it off) you should be squatting to pick them up. Avoid *hinging at the waist – it can hurt your back* and overload a hamstring that isn't designed to attempt to contract from a stretched position. Additionally, if you need to get close and personal with your flower beds, get on all fours (remember Pointer *Dog) and work from that position. It's easy* to forget and reach for the spent flowers or tall weeds in order to get the job done quickly but one weed always leads to more so be patient and count on spending a little time on the ground. Getting a nice pad to kneel on makes it more palatable.

On a final note; if you are going to be getting on a ladder you will want to have your balance skills in top form. Try closing your eyes when you do Pointer Dog, stand on one leg for 30 seconds while randomly moving your arms – trying not to put the other foot down, stand on your toes and reach forward, up, right and left with both *arms* – *trying not to drop your heels.* When you get good at that, close your eyes and do it. These are just a few balance tricks to practice.



Enjoy your home and embrace your "chores" as another form of cross-training. Be safe, be patient and have a great workout!

If you have questions for Ask the Trainer send them to **sue@lmra.org** 

## **Dear Gardener Friends**,

Fall is my second favorite time of year (of course spring time is first!) Even when in Texas we sometimes experience 80 or 90 degree temps in the afternoon, at least we start and end our day with wonderful cool temperatures.

I think my plants agree! They are blooming to beat the band to the enjoyment of lots of butterflies and hummingbirds. Unfortunately, one of my fruit-bearing pear trees is confused, not only did it leaf out after losing its leaves in the heat, it is now blooming again. I think it's totally confused about the season and what it should be doing. It should be interesting to see if it bears fruit before the first frost.

I'm continuing my first fall vegetable gardening project. The squash plants are huge and no squash bugs! The cucumbers and okra are growing like crazy too; plus the tomatoes are still growing and offering produce. Cool season veggies have been planted, so I'm excited to see how they progress. I'll let you know next month how that is going.

**Deadlines are looming**. Take advantage of the best time of year for planting in your garden while working in MG projects and events.

Plan to enter the TCMGA **Container Contest**. Bring your container to the **October 4** meeting where MGs will vote for their favorites. Follow the contest rules using the proper number of drought-tolerant plants for your size container, you can choose from three different categories.  $1^{st}$ ,  $2^{nd}$ , and  $3^{rd}$  place prizes will be awarded in each category.

Don't forget to register for the **TCMGA Oct. 13 Regional Conference**. Great opportunity to earn CEU's and hear knowledgeable speakers.

The **deadline** for 2012 volunteer hours is **October 31**. Complete your phone duty before the end of the month. **Volunteer hours** must be turned in to your timekeeper as soon as possible. To confirm or check how many hours you have accumulated, contact your timekeeper. They will be glad to help.

**Membership 2013 dues** are due no later than **October 31**. The general membership will vote for the **2013 TCMGA officers** during the **October** general meeting. The new board will be installed during the December meeting and luncheon.

Register for the 2013 International Master Gardener Conference Alaskan cruise.

Don't forget to come to the TCMGA Demonstration Garden at the Resource Connection workdays. Enjoy time with gardener friends while supporting our TCMGA Garden.

See you in the garden!

Nancy Curl, President. Tarrant County Master Gardeners



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President Nancy Curl called the meeting to order at 11:00am. She welcomed several guests plus 205 Master Gardeners. Our morning session was on hydroponics and afternoon was on aquaponics. Steve Chaney also did a short presentation on West Nile Virus.



#### **Executive Board**

The minutes of the August meeting were approved as presented in the newsletter.

Claire Alford, Programs-Our program for October will be plant production by the owner of Steve's Leaves.

Pam Braak, Treasurer, presented her report

Cash, Beginning 8/1/2012	36,803.24
Deposits during month	3,816.68
Checks during month	(2,59359)
Cash, ending 8/31/2012	38,026.33

This report was accepted and filed.

Pam also announced that refunds were available for all who bought raffle tickets for the trailer. Please see Pam for refund.

Linda Hawkins, Ways and Means, The organic fertilizer is available for pick up today. Roses will be available for order until September 14. See Susan Stanek. Bulbs will be available for sale through the October meeting. Please see Jeanie Browning. More worm castings will be available at \$25 for a 40 pound bag. Please email Linda if you're interested. If you do Facebook, please friend TCMGA. If you have anything to post and don't feel comfortable doing it yourself, please send it to Linda.

President Curl thanked our hospitality team for stepping in when Shirley Mills had to step down due to health issues.

Steve Chaney-Steve presented a special award to Don Graves for 20 years as a Master Gardener. Steve announced that beginning in

April, in addition to our regular January class, he will start a modular master gardener class. It will be divided into 5-6 parts, priced individually, and held on Saturdays. The goal is to reach new people who are unable to do classes during the week. If students wish to become master gardeners they can with the addition of required volunteer hours. Steve also announced some changes to the annual recertification requirements. The number of hours required will increase to 36 from the present 34. Eight of these hours will continue to be phone duty. For exceptions to this please see Steve. Working 4 hours per year at the Resource Connection Community Garden is now mandatory.

TCMGA Garden Hours may be earned by, but not limited to.....

- Volunteering at the TCGMA Garden in the greenhouse, herb garden, perennial garden, vegetable garden, orchard, compost, cacti or grassland gardens or any other task that helps to maintain the garden either weekly or quarterly clean-up days,
- Teaching or helping with a class presented at or • by the TCMGA Garden,
- Teaching or helping with TCU-Nutrition classes at the TCMGA Garden,
- Volunteering during the TCMGA Annual Plant sale, including day of the sale and / or any days leading up to the day of the sale,
- Hosting TCMGA Garden tours,
- Volunteering during TCMGA Garden collaboration events, ex. RC Open House, TAFB Farmer's market, RC Pen Pal Day, WIC herb preparation, propagation for projects, and
- any other activity approved by Steve Chaney that is determined to support the TCMGA Community **Demonstration Garden**

#### **Committee Reports**

Patsy Miller, Field Trips. Thursday, September 6 is last day to sign up for trip to Dallas Arboretum on September 20. You have until

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the October meeting to sign up for the trip to the Gaylord. Price for the Gaylord is \$10.

Donna Fry, Raffle. Please buy tickets for the chain saw that is being raffled. Cost is \$10/ ticket or 3 for \$25.

Bernadette Story, Tabling. The new group of the Speakers Bureau is in need of more people. There is no speaking involved, just handing out leaflets and flyers. Please contact Bernadette to volunteer.

Steve Purdy, Membership. Dues for 2013 are due. He will accept cash or check.

Don't forget our Regional Conference on October 13. Cost is \$45. Please tell all your friends

There is no unfinished business.

#### New Business

Sue Ellen Schlitzer, Nominating Committee chair. Sue Ellen thanked her committee, Ginger Bason, Patsy Miller, Theresa Thomas, Dave Wilson.

The committee has chosen these nominees for the 2013 Executive Board :

Patsy Miller
Taddie Hamilton
Donna Morris
Pam Braak
Linda Hawkins

President Curl announced that nominations would be accepted from the floor. None were offered. People have until the October meeting to nominate someone. We will vote at the October meeting. Voting is limited to Certified Master Gardeners only. Interns are not eligible to vote.

#### Announcements

Dianne Spradling of Common Ground NRH Community Garden would like Master Gardeners to help with Junior Master Gardeners, Literature in the Garden, classes being held from 4-5pm each Wednesday afternoon. There are 35 5<sup>th</sup> graders involved. They are enrolled in the AS-PIRE program.

Marilyn Sallee is interested in placing a geocache at the Community Garden. Please contact her if you're interested in this.

The 2013 TMGA state conference, Blooms, Birds and Butterflies, will be October 17-19, 2013 in McAllen. It is sponsored by Cameron and Hidalgo Counties.

#### **Remember**

Nan Garvin is fighting cancer. Please remember her with a card.

Kim Freeman is doing well.

Ed Vaughan wants company. Please call before you go

The meeting was dismissed at 11:40am.

Respectfully Submitted by Donna Morris, Secretary

## **TCMGA** Announcements

### **October Guest Speaker**

Steve's Leaves, Inc. is a Texas wholesale nursery founded in 1976. Since then, he has provided uncommon tropical plants to consumers all over the Dallas-Fort Worth Metroplex.

Steve began his horticultural journey with an interest in terrariums at the age of 13. By the time he was 18, he had started a backyard nursery. Filling the back seat and trunk with his home grown tropical plants, he drove to each local florist and nursery until his daily supply was sold. In 1991, after filling up his two backyard greenhouses and two leased commercial greenhouses, Steve consolidated his operation onto four acres in Lewisville, Texas.

With over 850 varieties, he has an extensive collection of rare and exotic tropical plants. All propagation is performed in-house to ensure the healthiest and highest quality plants.

Come listen to how one's passion turned into a thriving business.

### Attention All MGs - TCMGA Dues

It's just about time to renew your yearly TCMGA dues! Dues are payable by no later than the end of October 2012. You can either return a check for your \$20.00 dues made out to TCMGA in the envelope you receive in the mail or you can give your check to the Membership Chair at the October TCMGA monthly meetings.

Questions? Call Steve Purdy at <u>817-545-7888</u> or email to <u>spurdy06@sbcglobal.net</u>

### **2012 LEADERSHIP**

**President:** Nancy Curl <u>nl\_curl@yahoo.com</u>

1<sup>st</sup> VPresident: Claire Alford <u>caagardner@aol.com</u>

2<sup>nd</sup> **VPresident**: Linda Hawkins lindamhawkins@gmail.com

Secretary: Donna Morris morrisd1@swbel.net

Treasurer: Pam Braak P.braak@verizon.net

Acknowledgements: Pat Lovejoy palovejoy@att.net

Activities: Patsy Miller pjmiller24@sbcglobl.net

Awards, Local: Jody Puente <u>Mipuente@msn.com</u>

Sunshine: Doris Hill artanddoris@verizon.net

Bulletin Board: Theresa Thomas kayleetl@sbcglobal.net

Garden Resource: Dave Wilson <u>ldwilson98@yahoo.com</u>

Historian: Jackie Peel jackiepeel@sbcglobal.ne

Hospitality: Shirley Mills <u>smills72@att.net</u>

Membership: Steve Purdy <u>spurdy06@sbcglobl.net</u>

Newsletter: Jackie Heidinger rheidinger@tx.rr.com

Nominating: Sue Ellen Schlitzer <u>S.schlitzer@sbcglobal.net</u>

Photography: Sally Harris sallyjanharris@mac.com

Projects Coordinator: Judy Ratzlaff judy.ratzlaff@yahoo.com

Raffle: Donna Fry dfry1212@hotmail.com

Website: Jackie Heidinger webmaster@tarrantmg.org

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## TCMGA Announcements—cont'd

## TCMGA on Facebook!

That's right, we now have a Facebook presence!! To some of you that is no big deal but to others it may be fun and exciting. We just built it today but we hope to post pictures, classes and frequently asked questions on it on a regular basis and also let people post questions on there that they may have as well? Just another way to reach more people!

So if you are on Facebook, please go and LIKE our page!!

Here is the new link:

www.facebook.com/ TarrantCountyMasterGardenerAssociation

# HAPPY BIRTHDAY GARDENERS!

**October Birthdays** 

- 1 Nancy Searl, Mary Reagor
- 7 Steve Chaney
- 11 Margaret Shuping (I)
- 13 Gailon Hardin, Catherine Sabine
- 14 Karen Simmons, Mary Jane Goad
- 16 Susan Houston, Dick Pafford, Lorie Grandclair-Diaz
- 17 Dottie Bucy, Jeanie Browning,
- 18 Frank Durda, Donna Jobe, Carole Vance, Christopher Rains(I)
- 19 Bill Hall, Elena Bartzat, Lynda Ballou, Marianne Levine
- 20 Betsy Kalina
- 26 Pat Wiszneauckas, Kerry Robinson(I)
- 27 Hope Porter
- 28 Nancy Hunter
- 30 Bill Vandever

If your birthday is this month and you don't see it, please contact **Doris Hill, (817) 337-8484** or email **artanddorishill@verizon.net**.

### Raffle Committee Update

The drawing for the chipper/shredder and the gift certificate was great fun. Claire Brown won the chipper and Patsy Miller won \$100 from Calloway's. So you say, "How can we top that?" Easy!!!! A CHAIN-SAW!!! Yep, it's a brand new 16" gasoline powered Poulan Chainsaw. You can do all kinds of creative pruning in just a very short time.

Tickets will be sold at the October meeting with the drawing at the November meeting. Tickets are \$10 each for 3 for \$25. And remember, all proceeds go to support our projects.

Donna Fry Raffle Committee Chairman

## **Directory Changes**

Please note the following TCMGA Directory Changes:

No changes this month!

If you have changes in your contact information, please contact Steve Purdy at <a href="mailto:spurdy06@sbcglobal.net">spurdy06@sbcglobal.net</a>

## New Requirements for Re-Certification for 2013

Following are the new requirements for re-certification as a master gardener for 2013:

## <u>36 Hours—Total (minimum)</u>

- 8 Hours in (2) 4-hour shifts at Extension MG Office
- 6 Hours—Continuing Education Units
- 4 Hours—Resource Connection MG Community Garden
- TCMGA Garden Hours may be earned by, but not limited to.....
  - Volunteering at the TCGMA Garden in the greenhouse, herb garden, perennial garden, vegetable garden, orchard, compost, cacti or grassland gardens or any other task that helps to maintain the garden either weekly or quarterly clean-up days
  - Teaching or helping with a class presented at or by the TCMGA Garden
  - Teaching or helping with TCU-Nutrition classes at the TCMGA Garden
  - Volunteering during the TCMGA Annual Plant sale, including day of the sale and /or any days leading up to the day of the sale
  - Hosting TCMGA Garden tours
  - Volunteering during TCMGA Garden collaboration events, ex. RC Open House, TAFB Farmer's Market, RC Pen Pal Day, WIC herb preparation, propagation for projects
  - or any other activity approved by Steve Chaney that is determined to support the TCMGA Community Demonstration Garden
- 18 Hours—Volunteer opportunities of your choice
- In addition you must attend 3 of the 12 Master Gardener Monthly Meetings.

### Speakers Bureau Starts a New Era in 2012 By Lance Jepson

Camille Thomason has been the manager for the Speakers Bureau (SB) over the last two years. Under her leadership, the Bureau has increased bookings from 60 the first year to over 130 this year. The Speakers Bureau should be an integral part of the MG program. Yet to this date less than one half of scheduled presentations had data reported to the Master Gardener Office. Starr Krottenger is taking over as head of the SB and Theresa Thomas will be the Librarian who is responsible for collecting all the SB data. We are adding a third person, Lance Jepson, to be chairman of the newly formed SB Badge BAR Committee.

Following a Speakers Bureau Meeting on July 27 the TCMGA Executive Board (EB) approved a new award system. 22 SB members attended this meeting. It was agreed that an attachment (called the SB BAR) to the MG Badge saying "Speakers Bureau— 2013" will be given to each qualifying SB member. This first fiscal year, from 7/1/2012 to 7/1/2013 the EB has approved awarding the BARs as they are earned at the regular meetings. Since the official fiscal year of the TCMGA ends October 31, 2013 the SB year will be extended to that date.

#### How do you become a SB member?

Anyone that is interested can sign up for the Speakers Bureau. We currently have 42 members in the Speakers Bureau that have listed 226 topics that are of interest to them. For example, there are:

• 19 members that have listed vegetables as a subject for presentation,

- 6—Insects,
- 9—Water,
- 8—Herbs,
- 8— Drought,
- 8—Composting,
- 6—Irrigation,
- 6—Soils, etc.

Two MGs have listed 66 subjects as their areas of interest.

Last year, 2011, about 20 different speakers presented 2 or more presentations with 9 speakers presenting 4 or more, according to Camille's booking list. Ninety- nine presentations were made in total. Unfortunately, the numbers are much different if you go by what was reported to Starr and thus to Steve by the speakers. **Many speakers failed to report their data.** Consequently under the new program, if a speaker doesn't report the meeting data to Starr or Theresa, it doesn't count for the badge award and Steve cannot report it to the State Extension Service.

How do I earn the SB Badge BAR? Each member must earn their way to a badge BAR by performing a specific number of talks and presentations and reporting the results of the presentation to the Library Chairman, Theresa Thomas. To earn a BAR one would have to amass 100 points during the current fiscal year. This first year the BAR would be given as soon as it is earned at the next regular meeting.

Lance Jepson will be chair of the Badge BAR Committee, all questions and applications should be forwarded to him at jepson@aol.com

- 9-- Propagation,
- 8—Landscape,

Application from

Name of Master Gardener

## **To Earn a Speakers Bureau BAR**

Anyone who is a member of the Speaker's Bureau can earn a badge BAR for each year they are a member by performing a specific number of talks and presentations, taking specialist's courses and developing donating power point presentations, handouts or flip charts.

Please fill out the following table <u>after</u> you have accumulated 100 points and submit it to the Badge BAR Chairperson to request your award. Awards will be presented after July 1 at an appropriate occasion.

To earn a BAR one would have to amass 100 points in a year, the attachment to the MG Badge (Speakers Bureau—YEAR) would be given during a regularly scheduled meeting beginning July 1, 2012

Activity Starting with events scheduled from 7/1/2012 to 10/1/2013	Points
Presenting a program/manning a table and reporting data to record keeper.        Date       2Date        Date       4Date         Indicate where the program was and date that report submitted to Library Chairman	25/meeting
That you have <b>completed a specialist course</b> during the SB calendar year. Note when the specialists badge was presented	75/badge
Developing a PPT and donating a copy to the PPT library to the Library ChairmanTopicDate PresentedTopicDate PresentedTopicDate PresentedTopicDate PresentedTopicDate Presented	50/ PPT
<b>Speakers Bureau Training.</b> List below then topic and date of the training programs. 123,	25/training
Prepare Flip charts for a SB Presentation and date presented to Library chairman         1.TopicDate2. Topic Date	25/chart
Handout developed by speaker and provided to Library chairman         1.Topic       Date       2. Topic       Date         TOTAL POINTS EARNED DURING SB CALENDAR YEAR	25/Handout

Applicant Signature

Date

## TCMGA Container Contest – Thursday, Oct. 4 Using Drought-tolerant Plants

Contest open to TCMGA members and Interns only

Three categories:

1. 12 inch (top diameter) pots or smaller must include 3 or more plants from the list of recommended plants for xeriscape list.

2. 14 inch (top diameter) pots or larger must contain 4 or more plants from the list of recommended pants for xeriscape list.

"Yard Art' pots must contain 3 or more plants from the list of recommended plants for xeriscape list.

Plants must be from one or more of the following plant lists... E-31 -Weston Garden list of top Perennial flowers (shade or sun) E-46 - The Top 20 perennials for sun E-45 - Top 20 perennials for shade for North Texas

Entries will be received at the Resource Center gym Thursday, October 4 TCMGA monthly meeting beginning at 9:00 am until 11 am. An entry form must be completed to register.

Entry forms must contain name, email and phone number; listing all plants used in their container. Complete top and bottom of form. Entries will receive a number for voting purposes. The bottom portion of the entry form will be placed on or near the container.

Containers will be judged by TCMGA members during the Oct. 4 meeting 11:30 – 12 noon. Entries will be judged on Design, Color, and use of Xeriscape Compatibility. Members will vote in each category using entry number.

Winners will be announced at the conclusion of the afternoon speaker, Oct. 4. All entries will be returned to the owners. However, entries may be donated to the TCMGA for use as door prizes for the Regional Conference or placed at the Resource Demo Gardens for display/teaching purposes.

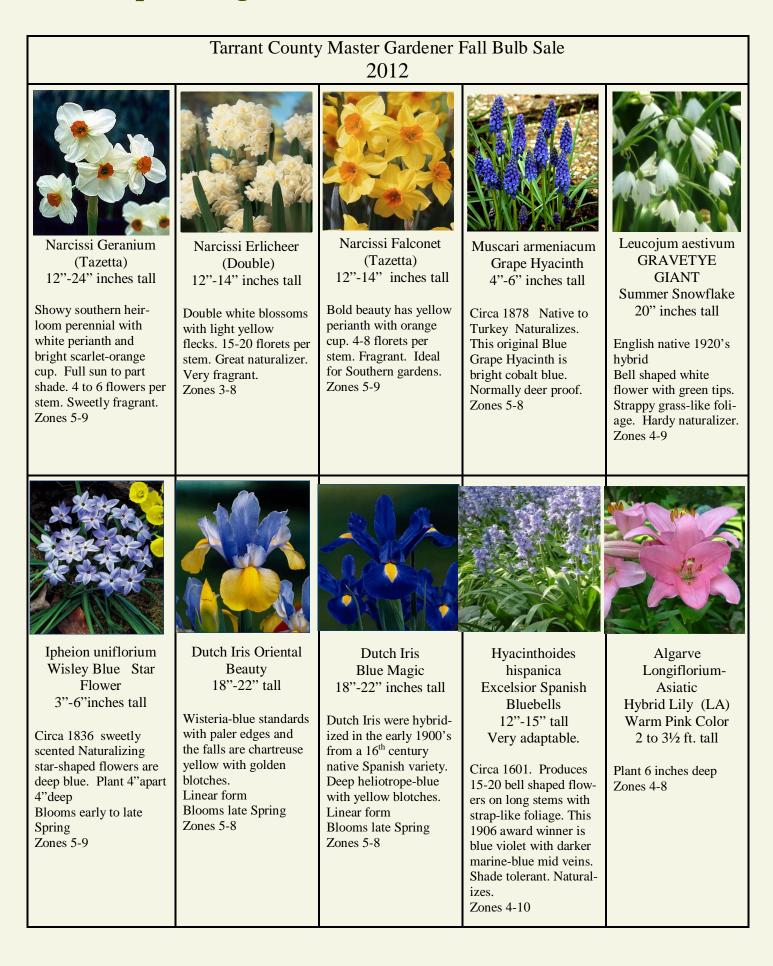
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will be awarded in each category.

1<sup>st</sup> place- painted rain barrel; 2<sup>nd</sup> place-hypertufa pots; 3<sup>rd</sup> place-2013 dues paid.

Questions? Contact Lena Goff lgoff15@aol.com

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## <u>Upcoming Event—TCMGA Fall Bulb Sale Page 12</u>



# **Upcoming Event—Fall Bulb Sale**

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2012 Tarrant County Master Gardener Bulb Sale ORDER FORM



Bulb Name	# of Bulbs/Price Per Set	Total Sets	Total Price
Narcissi Geranium (Tazetta)	12 for \$10.00		
Narcissi Erlicheer (Double)	10 for \$10.00		
Narcissi Falconet (Tazetta)	12 for \$10.00		
Narcissi Grand Primo (Tazetta)	10 for \$10.00		
Muscari armeniacum (Blue Grape Hyacinth)	25 for \$10.00		
Leucojum aestivum Gravetye Giant (Summer Snowflake)	10 for \$10.00		
Ipheion uniflorum Wisley Blue (Star Flower)	25 for \$10.00		
Dutch Iris Oriental Beauty	25 for \$10.00		
Dutch Iris Blue Magic	25 for \$10.00		
Hyacinthoides hispanica Excelsior (Spanish Bluebell)	20 for \$10.00		
Longiflorium-Asiatic Hybrid Lily (LA)	4 for \$10.00		
	Grand Total:		

ORDERS MUST BE RECEIVED BY Thursday, October 4, 2012

Payment MUST Accompany Order

**PLEASE NOTE**: Each order is **one set**. For example, 25 Muscari for \$10.00 is **one set**. If you order two sets, you'll receive 50 bulbs at a total price of \$20.00.

Sorry, we can only sell bulbs in the increments shown.

Mail Checks or Money Orders made out to TCMGA. Send to:

Bulb Sale c/o Jeanie Browning 4517 Maywood Drive Arlington, Texas 76017

Bulbs will be available for pickup at the TCMGA November Meeting, Nov. 1 Note: Please make arrangements to have someone pick up your bulbs, if you cannot on that date.

> Questions? Call Jeanie Browning (TCMGA Bulb Sale Coordinator) at 817-478-2006

NAME: \_\_\_\_\_\_ STREET: \_\_\_\_\_\_ CITY, STATE, ZIP:

We will send you reminders by email of the bulb sale, plant sale & AgriLife Extension programs.





On the Road with Master Gardeners

## Sign up for the Gaylord Texan tour at the next Master Gardener Meeting

Tour is 10 a.m., Tuesday, October 16. Cost is \$10 (includes parking) LIMIT: 80

- How do you design interior and exterior landscapes that withstand 1
  million visitors a year?
- How do you reinvent areas that don't work out a fire pit becomes a fountain or a wall of tile is turned into a living wall.
- How do you restore a lawn after it is used for a car show display?

These are some of the challenges that the horticulturists at the Gaylord Texan face every day. Get your questions ready as we tour this spectacular landscaped property. Don't be afraid to ask the grounds attendants questions. They likely have an answer about the plants they tend and will provide you with an information sheet.

### The Gaylord horticulture staff would like to know what you are interested in. Send your questions in advance to Patsy Miller at pjmiller24@sbcglobal.net

We will meet at 10 a.m. at the Gaylord. Park in the Tour Bus parking area. You will be directed to the gathering point nearby.

**Gaylord Address:** 1501 Gaylord Trail, Grapevine, TX 76051, off Hwy 26 (Northwest Hwy), a short distance east of downtown Grapevine.

### Pick up directions at meeting.

We will have a carpool from Fort Worth Botanic Gardens. Other carpools are encouraged.

## Wildscape Fall Native Plant Sale

A large variety of native plants grown organically at the greenhouse by Wildscape volunteers including ground covers, perennials, shrubs, vines and trees

When:	Saturday, September 29, 2012 9:00 am – 1:00 pm	
Where:	Randol Mill Park Greenhouse 1901 W Randol Mill Rd. Arlington, TX (The greenhouse is in the rear of the park behind the swimming pool.)	Vernonia baldwinii Western Ironweed

## For more details, map and pictures: www.thewildscape.org

## *Ft Worth Botanic Garden Plant Sale*

#### Fall Plant Sale—October 13, 9am—2pm

Fall is the second great planting season, so come peruse our perennials and native Texas plants. Browse our selection of decorative grasses, shrubs and bulbs as well. Planting in the fall is a great opportunity to give your plants a jump start on the Texas summers.

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# October 2012 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 8:00a Heritage 8:30a Alice Carl- son 9a Union Gospel 9a Fitzgerald	<b>2</b> 8a Samaritan House 8:30a CG Veggie 9a CG Propagation Work Day 9a CG Rose Garden Work Day	<b>3</b> 8a Thistle Hill 8a BG Perennial 8a Veterans Pk 8:30a Common NRH 9a Teen Challenge 9a CG Herb Work	<b>4</b> 8a Liberty Garden 8:30a Alice Carlson 8:30a BG Trial <b>TCMGA</b> <b>Meeting</b>	5	<b>6</b> 8:30a Common NRH 9am Composting Demo—Veterans Park
7	8 8:00a Heritage 8:30a Alice Carl- son 9a Union Gospel 9a Fitzgerald Greenhouse Mgmt Specialist Class	<b>9</b> 8a Samaritan House 8:30a CG Veggie 9a CG Propagation Work Day 9a CG Rose Garden Work Day <b>Greenhouse</b> <b>Mgmt</b> <b>Specialist</b> <b>Class</b>	10 8a Thistle Hill 8a BG Perennial 8a Veterans Pk 8:30a Common NRH 9a Teen Challenge 9a CG Herb Work Greenhouse Mgmt Specialist Class	<b>11</b> 8a Liberty Garden 8:30a Alice Carlson 8:30a BG Trial	<b>12</b> 8:30a JPS Meditation Garden	13 8:30a Common NRH 9am Composting Demo—River Legacy 9am SW Crthse Ft. Worth Botanic Garden Fall Plant Sale TCMGA Regional Conference!!
14	<b>15</b> 8:00a Heritage 8:30a Alice Carl- son 9a Union Gospel 9a Fitzgerald	16 8a Samaritan House 8:30a CG Veggie 9a CG Propagation Work Day 9a CG Rose Garden Work Day If the second s	<b>17</b> 8a BG Perennial 8a Veterans Pk 8:30a Common NRH 9a Teen Challenge 9a CG Herb Work 9a Bob Jones Nature	<b>18</b> 8:30a Alice Carlson 8:30a BG Trial	<i>19</i>	<b>20</b> 8:30a Common NRH
21	<b>22</b> 8:00a Heritage 8:30a Alice Carl- son 9a Union Gospel 9a Fitzgerald	<b>23</b> 8a Samaritan House 8:30a CG Veggie 9a CG Propagation Work Day 9a CG Rose Garden Work Day	24 8a BG Perennial 8a Veterans Pk 8:30a Common NRH 9a FW Hulen Lbry 9a Teen Challenge 9a CG Herb Work Irrigation Specialist Class	25 8:30a Alice Carlson 8:30a BG Trial	26 8:30a JPS Meditation Garden Irrigation Specialist Class	<b>27</b> 8:30a Common NRH
28	<b>29</b> 8:00a Heritage 8:30a Alice Carl- son 9a Union Gospel 9a Fitzgerald	<b>30</b> 8a Samaritan House 8:30a CG Veggie 9a CG Propagation Work Day 9a CG Rose Garden Work Day	<b>31</b> 8a BG Perennial 8a Veterans Pk 8:30a Common NRH 9a SW Crthse 9a Teen Challenge 9am SW Crthse 9a CG Herb Work			

## Sharecropper Upcoming Garden Classes/Seminars/Education Page 17

### Upcoming Resource Connection/ Community Garden Classes

Friday, September 28, 2012 1pm - 4pm Propagation—Hard to Start Seeds, Bulb Chipping, Fern Spores

Saturday, October 13, 2012 9 am - 3 pm TCMGA Regional Conference\*\* Flood to Drought.... Gardening in North Texas Class Fee: \$45 (includes box lunch and snacks) Limit: 250 Earn 6 CEU Credits Open to all Master Gardeners and general public. Registration closes October 5, 2012 To register contact Billie Hammack at <u>blhammack@ag.tamu.edu</u>

Saturday, November 10, 201210 am- 12 noonBugs - The Good, the Bad, & the UglyClass Fee: \$ 5RC, Bldg 2300, Classroom

To register for a class contact Billie Hammack at <u>blhammack@ag.tamu.edu</u> To schedule a class contact Nancy Curl <u>nl\_curl@yahoo.com</u>

## 2 hours CEU credit for Master Gardeners

2012 Home Horticulture Seminars Texas AgriLife Extension Service

#### "Landscape Design"

November 3, 2012 Lonestar A&B 1:00 pm-5:00 pm

#### "Individual Consultations"

December 1, 2012	10:00 am-12 Noon
Lonestar A&B	

#### Please call 817-884-1296 to RSVP for the class.

Classes will be held in the Conference Rooms of the Tarrant County Plaza Building and are open to the public.

Cost of each class is \$15.

Educational programs of the Texas AgriLife Extension Service are open to all public without regard to race, sex, disability, religion, age or national origin.

The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating. Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any of our meetings are encouraged to contact our office at 817.884.1945 for assistance.

### Master Gardener Specialist Classes

#### **Greenhouse Management Specialist**

October 8 – 10, 2012 Texas AgriLife Extension Service, Walker County, Huntsville, Texas For more info go to <u>txmg.org</u>

#### **Irrigation Specialist**

October 24, 25, 26, 2012 Host Tarrant County Extension Tarrant County Master Gardeners Tarrant County Extension Office For more info go to <u>txmg.org</u>

### Tarrant County Master Gardeners presents

# School Gardens



Saturday, September 22 - 9:00 am - 12 noon	Class # 1
Orientation, Green Gardening, Sq Ft. Gardening, Site Observat	tion & Design
Saturday, September 29 - 9:00 am - 12 noon	Class # 2
Raised Beds, Texas Soils, Composting	
Saturday, October 6 - 9:00 am - 12 noon	Class # 3
Seasonality, Seed Starting, Vegetable and Vertical Gardening	
Saturday, October 20 - 9:00 am - 12 noon	Class # 4
Companion Planting, Crop Rotation, Fertilization, Disease, Inse	ct & Weed Control
Saturday, October 27 - 9:00 am - 12 noon	Class # 5
Rain Water Harvesting, Drip Irrigation, Mulch	
Saturday, November 3 - 9:00 am - 12 noon	Class # 6
Propagation, Fruit trees, wrap-up, Q & A	

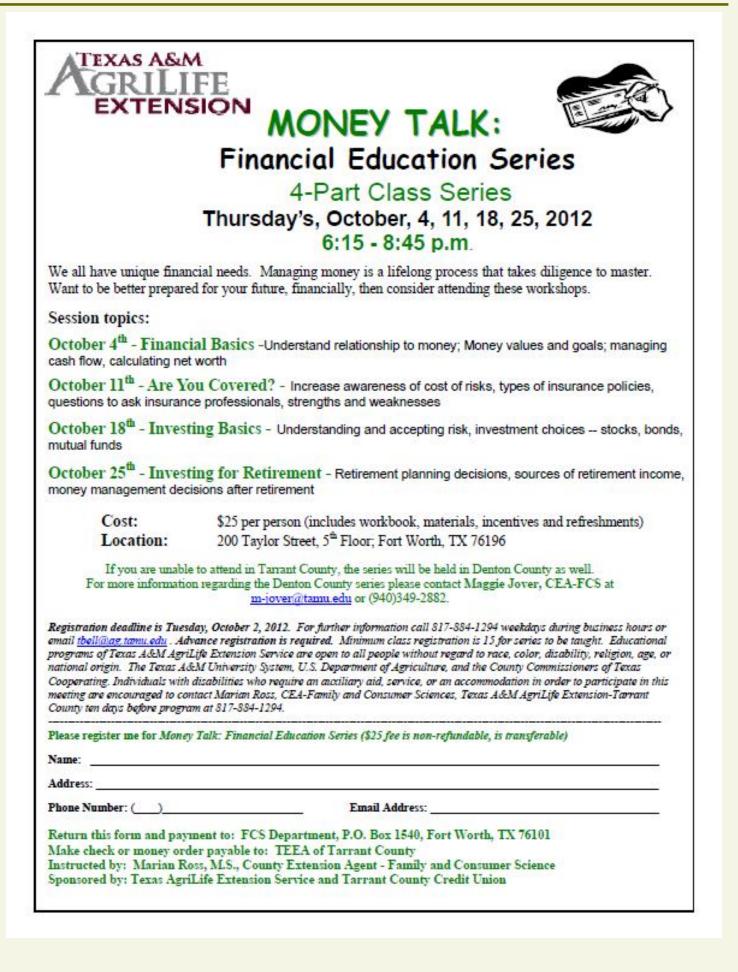
Location: Fort Worth Botanic Garden - Children's Vegetable Garden

Instructors: Master Gardener Specialists & Steve Chaney, AgriLIFE Agent

Cost: \$10 per class or \$50 for 6 (if paid at first class) Classes may be taken as a series or individually Class limit: 15

Target Audience: Teachers, school support staff, school administrators, and PTA members who wish to start a school garden or re-start a school garden

Tor	egister contact
Billie Hammack	blhammack@ag.tamu.edu



Project Code & Name	Work Days/Times	Project Manager	Phone
301 BRIT Activities	Call Chairman	Kay Yount	817-292-7690
302 BG Perennial Garden	Wed. 8:00 am	Cindy Woelke	817-366-4436
302 BG Children's Garden		Dolores Geisel	817-446-4536
302 BG Trial Garden	Thurs. 8:30-11:30am	Susan Miller	
		semiller@sbcglobal.net	817-261-1420
303 Community and Demo Garden Chair	Bill Vandever, bvandever@sbcgloba	al.net	817-244-1580
Project Leads Community Garden, Tuesdays			
Barn Beds	Charlotte Berck, caberck@dot11net.		817-426-6417
Compost & Rainwater Harvesting			
Community Vegetable Beds Demonstration and Enabling Beds	Pat Higgins, ragdollpatb@sbcglobal.n Frank Durda, fdurda@hotmail.com	iet	817-946-6278 817-292-2270
Education	Nancy Curl, nl_curl@yahoo.com		817-319-1795
Education – TCU	Lance Jepson ljepson@aol.com & Pat	Higgins 817-557-6122	2/817-946-6278
Enabling Garden	Frank Durda , fdurda@hotmail.com		817-292-2270
Greenhouse/Propagation Herb Garden , Tuesdays	Claire Alford, caagardner@aol.com Rita Hottel, rnhottel@att.net		817-481-8861 817-295-2883
Hospitality (Cook-outs)	Beverly Beazley, babeazley@tx.rr.com	n	817-483-7080
Orchard	Renee Beckum, jrbeckum@sbcglobal		817-790-8575
Perennial Garden	Ginger Bason & Joann Hahn,	017 020 720	1/017 022 0250
Plant Sales	gbason@hotmail.com, joannhahn@at Carol Lally & Linda Winn	t.net 817-838-732	21/817-923-9250
	lallyca@sbcglobal.net, mwinnclan@a	ol.com 817-656-273	6/817-581-4486
Potting Shed	Pat Lovejoy, palovejoy@att.net		817-447-7924
Rain Barrel Construction Rose Garden, Tuesdays	Claudia Teague, cteague@flash.net Nan Garvin, garbre@hotmail.com		817-444-2247 817-477-2867
Rose Garden, Tuesdays	Nan Garvin, garore@notman.com		817-477-2807
304 Thistle Hill	$1^{st}$ , $3^{rd}$ Weds. 8:00 am	Sue Fair	817-266-2514
304 Union Gospel Mission	Mon. 9 am	Gay Larson	817-441-6560
304 Teen Challenge	Wed. 9 am	Debbie Bollinger	817-498-1508
304 Common Ground NRH Community	Wed. & Sat 8:30a-12n	Diane Spradling	817-431-4666
Garden 304 Six Stones/City of Bedford		Sandra Totty Annette Lee	817-281-7877 214-803-2219
Community Garden		Allifette Lee	214-803-2219
304 The Samaritan House	Tues. 8am-11a	John Pinkerton	682-433-2529
304 JPS Meditation Garden	2nd & 4th Fri. 8:30am	Bernice Ramsbottom	817-485-6631
203 Grapevine Botanic Garden			
Docents	Call Chairman	Rachel Clark, Co-Chair	
-		Paula Wilbanks, Co-Chai	r 817-481-4398
Environmental Projects:			
305 Composting Demo	1st Sat., Veterans Pk, Arlington	LaVonne Nowlin	817-581-1850
r G	2 <sup>nd</sup> Sat., River Legacy, Arlington	Charlie Shiner	817-488-6123
305 FW Library at Hulen St.	3rd Wed. 9 am	Bill Hall/	817-737-9890
	and a second second	Theresa Thomas	817-485-6789
305 SW Sub-Courthouse	2 <sup>nd</sup> Sat., last Wed. 9 am	Gailon Hardin	817-475-0923
305 Southlake Liberty Garden	Call Chairman 2nd Thurs., 8-11 am	Wendi Carlucci	817-488-5640
305 Veterans Park-Wildscape	Wed. 8am-11am	Molly Hollar	817-319-6924
505 Veteralis Fark Wheseape	1st Sat., 8am-11am	Wony Hona	017 517 0724
305 Bob Jones Nature Center	3rd, Wednesday, 9 am	Nancy Searl	817-542-3190
School Gardens:			
306 Alice Carlson OLE	Mon. & Thurs. 8:30 am	Sharon Chastain	817-926-2575
306 Fitzgerald OLE	Mon 9:00 am & 3:30p	Leeann Rosenthal	817-237-7180
306 Heritage School OLE	Mon. 8-10am	Pam Braak &	817-488-5665
		Harold Annis	817-481-6242





Important Websites to Know!		
Our local TCMGA website:	http://www.tarrantmg.org/	
State MG Website and TMG news:	http://www.texasmastergardeners.com	
State Newsletter:	http://www.tmganewsletter.org	
Our RC Demo Garden Website:	http://www.localharvest.org/member/M27123	
Native Plant Society of Texas	http://npsot.org	
Aggie Horticulture:	http://aggie-horticulture.tamu.edu	
Earthkind:	http://aggie-horticulture.tamu.edu/earthkind	
Texas Superstars:	http://texassuperstar.com	
Fort Worth Botanic Garden:	http://fwbg.org	
Wildscape:	http://thewildscape.org	
<b>Botanical Research Institute of Texa</b>	s: http://www.brit.org	

Educational programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Individuals with disabilities who require an auxiliary aid, service, or accommodation in order to participate in any of our meetings are encouraged to contact our office at 817.884.1945 for assistance.

